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## ABOUT US

The Information Center (TIC) has been helping local residents access services and resources for over 35 years. We are a nonprofit agency located in Taylor, Michigan, offering Information and Referral and Care Management services. The Information Center was the first organization in Michigan to be certified by the national Alliance for Information and Referral Systems (AIRS). Our Information and Referral department maintains the most up to date and comprehensive on-line referral resource base in southeast Michigan, with over 10,000 available resources to our callers. We also serve as the One Call agent in southeast Michigan for the MI Works system and work closely with the Southeast Michigan Community Alliance (SEMCA) and the MI Works service centers to provide support services to the unemployed.

The Information Center operates the MI-Choice Medicaid Waiver program for residents in out-Wayne County. This program allows for income eligible individuals who meet Nursing Facility level of care to remain in their homes by providing in-home support services. Available services include personal care, respite care, homemaking, private duty nursing and many other services to support independent living. The Nursing Facility Transition program provides nursing home residents with the opportunity to explore alternatives and community-based living options. This program is available to nursing home residents who are either currently on Medicaid or are Medicaid eligible and would like to return to their own home, move in with family members, find an apartment, or choose another housing option. Supports and services needed after transition may be available for those who meet functional and financial guidelines. We believe high quality, personalized in-home support services should be available to everyone, regardless of your income. Care Solutions, a private pay service, allows older residents to select and pay directly for services that will allow them to remain more comfortable and safe in their homes.

To learn more about The Information Center, and the programs and services available, please visit our website at [www.theinformationcenter.com](http://www.theinformationcenter.com) or call us at (734) 282-7171.

## **THE INFORMATION CENTER, INC. SERVICES**

### **The Information Center**

20500 Eureka Road, Suite 110

Taylor, MI 48180

Phone: (734) 282-7171

Email: [info@theinfocenter.info](mailto:info@theinfocenter.info)

Web site: [www.theinfocenter.info](http://www.theinfocenter.info)

Facebook: [www.facebook.com/TheInformationCenter](http://www.facebook.com/TheInformationCenter)

The Information Center, Inc., The Family Resource Place is a private, non-profit organization, comprehensive Information & Referral agency dedicated to the national goal of the Alliance of Information & Referral Systems: bringing people and services together. We are incorporated as a 501(c)3 organization and are guided by a community based board of directors.

### **Caregiver Support Groups**

The primary goals of the Caregiver Education & Support Groups are to provide awareness of resources and services available, and to provide a support group atmosphere where other caregivers can share what has worked for them and the emotions that they have had along the way. While you may feel alone, you are not alone.

There are currently 5 Caregiver Education and Support Groups in the Downriver/Dearborn area that are conducted by The Information Center. Each group meets once a month and each participant will have an opportunity to discuss their situation and listen to others explain their situations. The facilitator presents a different topic each month to give caregivers new skills to learn during their caregiving journey. Topics discussed vary, but include stress management, financial planning, hiring a home care worker, guilt and grief, legal matters, caring for the caregiver and Alzheimer's and dementia disorders.

### **Disability Eligibility Assessment**

If you or a loved one has a medical condition that disables you or them from work, call The Information Center for a free, no obligation, over-the-phone assessment. If the assessment finds that you may be eligible for benefits, you will be referred to an attorney specializing in disability advocacy who will assist you in obtaining any and all disability benefits that may be available to you.

Call toll free (888) 625-9170 for a free review and more information.

### **MI-Choice**

MI-Choice Medicaid Waiver Program is designed to assist disabled individuals and the frail elderly who want to remain at home, but may be having a difficult time obtaining the services that would allow them to do so. Typically, those with multiple medical needs and limited finances will qualify. Preliminary eligibility is determined during a telephone assessment, and

confirmed during a later home visit to conduct an assessment using the Person Centered Planning approach. Persons must meet medical and financial requirements.

Eligible persons will receive:

1. Comprehensive, in-home assessment of care needs conducted by a nurse and social worker team
2. Individualized planning of service options to meet care needs
3. Arrangement of services based on personal decisions
4. Follow-up visits in the home at least every 90 days to monitor and make necessary adjustments; and purchasing services for those who do not have other resources

Types of care that may be available include:

- Adult Day Care (care provided in a local center);
- Homemaker (making beds, changing linens);
- Personal Care (bathing, brushing teeth, other "hands on" care);
- Home delivered meals;
- Emergency Response Systems (Call button alarm system);
- Counseling;
- Respite Care (allows caregiver to have a break);
- Chore Services (snow removal, grass cutting);
- Private Duty Nursing;
- Residential Services;
- Comprehensive Community Supports
- Environment Modifications (wheelchair ramps, widen doorways);
- Training (teach caregiver to give injections, transfer techniques);
- Transportation; and
- Other needed services.

Service Costs:

Some of the services may be covered by health insurance plans or through social service agencies. The majority of arranged care is paid by Medicaid. Agency staff completes the application and processes the necessary paperwork.

Enrollment in the program varies according to current funding. For information about the current intake status and to receive help, even when enrollment is restricted, call (734) 282-7171.

Waiver services are possible through funding from the Department of Community Health, Medicaid Services Administration.

For more information call The Information Center at (734) 282-7171

## **MiCAFE**

MiCAFE, Michigan's Coordinated Access to Food for the Elderly, is a program designed to help seniors access the resources they need to maintain their nutritional health as they age. MiCAFE provides personal, one-on-one assistance to seniors to help them get a Michigan Bridge Card that they can use at the store like cash to buy food. Through MiCAFE, seniors may also apply for savings on their Medicare premiums and other public benefits. In addition, seniors receive nutrition education and referrals to community nutrition resources so that they may lead healthier lives.

For more information call The Information Center at (734) 282-7171

## **MEDICARE/MEDICAID ASSISTANCE PROGRAM (MMAP)**

MMAP (pronounced "map") is a free counseling service for Medicare/Medicaid beneficiaries and their caregivers. Since 1984, MMAP has provided education and counseling assistance to Michigan's Medicare and Medicaid beneficiaries and their families or representatives.

MMAP is funded by a grant from the Michigan Office of Services to the Aging through funding received from the Centers for Medicare and Medicaid Services, the Medicare agency and a grant from the Administration on Aging, and is not affiliated with the insurance industry. Nationally, this program is called the State Health Assistance Program (SHIP).

MMAP, Inc. is a free health-benefit counseling service. The goal is to help you find your way through the health benefits maze. MMAP accomplishes its mission through MMAP sites housed in regional Area Agencies on Aging, County Departments on Aging, Senior Services Agencies, Commissions on Aging and other similar organizations located throughout Michigan.

MMAP counselors are specialists trained in Medicare and Medicaid law and regulations, health insurance counseling and relevant insurance products. MMAP counselors are not connected with any insurance company, nor are they licensed to sell insurance. Their purpose is to serve you objectively and confidentially. Currently, MMAP has hundreds of highly trained and certified counselors. These dedicated and compassionate people, many of them seniors, answer questions and act as guides through the Medicare and Medicaid programs. MMAP counselors have assisted many thousands of Michigan's elder and disabled citizens and saved them many millions of dollars in out-of-pocket expenses, bringing peace of mind to those who are often confused and frightened when they deal with unfamiliar and difficult government systems.

For more information call The Information Center at (734) 282-7171

## **Nursing Facility Transition (NFT) Program**

Please help The Information Center spread the word about a valuable program funded by the Michigan Department of Community Health (MDCH).

The Nursing Facility Transition program is designed to assist persons in a nursing home explore options of returning to the community. Individuals may transition either to a private residence, an assisted living facility, or a licensed adult foster care home, depending on the specific needs of the individual. A nurse and social worker will arrange a meeting in the nursing facility to discuss available options.

### **What Are The Eligibility Requirements?**

-Current Medicaid recipient or eligible for Medicaid and residing in a nursing facility in southern or western Wayne County

### **What Services Are Available?**

Transition services are available to address specific individualized needs using a person centered planning approach. According to MDCH guidelines, services/resources may include the following, dependent on needs:

- Security Deposit
- Furniture/Household goods (Excludes TV's and electronics such as DVD players)
- Groceries
- Utility deposits/hook-up fees (Excludes Cable)
- Housing assistance
- Home modifications
- Moving expenses
- Cleaning
- Additional services may be available to facilitate a successful transition
- Access to the MI-Choice Medicaid Waiver program (if eligible)

The Information Center is also a MI-Choice Medicaid Waiver program agent. If the individual meets the current guidelines for that program, additional services may be available to assist after the transition is complete on an ongoing basis. If the individual does not meet the MI-Choice Medicaid Waiver guidelines, efforts will be made to identify community resources as needed to address individual needs.

Anyone can make a referral to this program. For more information or to make a referral, call (734) 282-7171. Please share if you know of someone who might qualify for this program.

## **Trusted Care Solutions**

The Trusted Care Solutions Case Management Program is a private pay program designed to promote independence and increase access to community based programs that will support you in your care needs. Our caring professionals listen to you and provide you with options to choose from that will assist you in maintaining independence and dignity. Care Solutions case managers serve you as independent living consultants to help guide you through the maze of programs, services, and supports that are available to you. You choose who you would like to involve in the planning of your needs and which services and/or programs you would like to engage.

This program is for those individuals that do not meet the income, asset, or medical criteria of other case management programs; but still need assistance. The program is perfect for people facing physical difficulties or anyone needing assistance in order to live independently. The service is offered on a fee for service basis and provides a full range of high quality and cost efficient personalized support and services.

Services include:

- Comprehensive Assessment and ongoing reassessments
- Development of a Plan of Care – using the person centered approach
- Identification of community resources
- Service arrangement
- Telephone reassurance
- Benefits eligibility analysis
- Homemaking
- Personal Care assistance
- In-home private duty nursing
- Emergency Response Systems
- Caregiver Respite
- Adult Day Care
- Home Maintenance & Modification
- Budget Counseling
- And much more

For more information call The Information Center at (734) 282-7171



**DISCLAIMER:**

Inclusion in this Senior Resource Guide does not imply endorsement by The Information Center Inc., and exclusion does not indicate disapproval. The Information Center Inc. neither guarantees nor makes any representations as to the accuracy or completeness of the information contained within. The Information Center Inc. reserves the right to edit information to meet format, guideline, and space requirements.

**ADVOCACY**

**Area Agency on Aging 1-B**

Central Office (Oakland County)  
29100 Northwestern Hwy., Suite 400  
Southfield, MI 48034  
Phone: (248) 357-2255  
Toll Free: (800) 852-7795  
TTY: (800)-649-3777 (Michigan Relay)  
Fax: (248) 262-9971  
Web site: [www.aaalb.com](http://www.aaalb.com)

**Livingston/Washtenaw County Access Location**

3941 Research Park Drive, Suite B  
Ann Arbor, MI 48108  
Phone: (734) 213-6704  
Toll Free: (800) 852-7795  
Fax: (248) 262-9971

**Macomb County Access Location**

39090 Garfield, Suite 102  
Clinton Twp., MI 48038  
Phone: (586) 226-0309  
Toll Free: (800) 852-7795  
Fax: (248) 262-9971

**Monroe County Access Location**

14930 LaPlaisance, Suite 130  
Monroe, MI 48161  
Phone: (734) 241-2012  
Toll Free: (800) 852-7795  
Fax: (248) 262-9971

**St. Clair County Access Location**

501 Gratiot Boulevard, Suite 2  
Marysville, MI 48040  
Phone: (810) 388-0096  
Toll Free: (800) 852-7795  
Fax: (248) 262-9971

Area Agencies on Aging were established under the Older Americans Act (OAA) in 1973 to respond to the needs of Americans aged 60 and over in every local community. The AAA 1-B is one of 16 area agencies serving the state of Michigan. There are over 650 area agencies across the United States. Area agencies receive funding through the Older Americans Act and other federal, state and county dollars.

**Citizens for Better Care**

Hannan House, Suite 410  
4750 Woodward Ave.  
Detroit, MI 48201  
Phone: (313) 832-6387  
Fax: (313) 832-7407  
Toll Free: (866) 485-9393 Long-Term Care Ombudsman  
Toll Free: (800) 833-9548  
Web site: [www.cbcmi.org](http://www.cbcmi.org)

Conducts activities which support the passage and enforcement of laws and other social measures that protect and promote the rights and interests of older adults and others in long-term care facilities.

**AREA SERVED:**

Livingston, Macomb, Monroe, Oakland, Saint Clair, Washtenaw, and Wayne counties.

**Detroit Area Agency on Aging (DAAA)**

1333 Brewery Park Blvd  
Detroit, MI 48207  
Phone: (313) 446-4444  
Web site: [www.daaa1a.org](http://www.daaa1a.org)

AAAs serve as the planning agency at the local level. Their primary responsibilities include advocacy on behalf of older persons, planning and service development, and administration of a wide variety of funds which support services such as transportation, congregate and home-delivered meals, legal assistance, nursing-home consultation, public-benefits counseling, and volunteer opportunities for older persons.

**National Caucus and Center on Black Aged (NCBA)**

Michigan Building  
220 Bagley St., Suite 326  
Detroit, MI 48226  
Phone: (313) 964-4821  
Fax: (313) 964-4841  
Web site: [www.ncba-aged.org](http://www.ncba-aged.org)

**SITE AREA SERVED:**

Lenawee, Macomb, Monroe, Oakland, and Wayne counties.

NCBA created the Partnership for Health in 1992, to collaborate with federal, state, and local organizations and consumers to deliver health promotion, health education, and wellness activities to enable mature African American and minority men and women to improve their health status and quality of life.

### **The Senior Alliance (TSA)**

Area Agency on Aging 1-C  
3850 Second Street, Suite 201  
Wayne, MI 48184  
Phone: (734) 722-2830  
Toll Free: (800) 815-1112 (S.E. Michigan only)  
Fax: (734) 722-2836  
Email: [info@tsalink.org](mailto:info@tsalink.org)  
Web site: [www.aaalc.org](http://www.aaalc.org)

The Senior Alliance (TSA) is a private non-profit agency that has been designated as both an Area Agency on Aging and an Organized Health Care Delivery System to serve Western and Southern Wayne County, Michigan. TSA arranges for services to qualified older and adults with disabilities as part of the MI-Choice Medicaid Waiver program in Michigan.

### **Wayne County Senior Citizen Services**

Kay Beard Building  
30712 Michigan Ave.  
Westland, MI 48186  
Phone: (734) 727-7373  
Fax: (734) 727-7380  
Web site: [www.co.wayne.mi.us/svs\\_seniorsrvs\\_scservices.htm](http://www.co.wayne.mi.us/svs_seniorsrvs_scservices.htm)

The purpose of the Senior Life Enhancement Group is to provide nutrition, assessment, referral, and adult day services to eligible Wayne County seniors so they can remain in a home environment.

## **ADULT DAY CARE**

Adult Day Care Centers are designed to provide care and companionship for seniors who need assistance or supervision during the day. The program offers relief to family members or caregivers and allows them the freedom to go to work, handle personal business or just relax while knowing their relative is well cared for and safe.

The goals of the programs are to delay or prevent institutionalization by providing alternative care, to enhance self-esteem and to encourage socialization. There are two types of adult day care: adult social day care and adult day health care. Adult social day care provides social activities, meals, recreation and some health-related services. Adult day health care offers more intensive health, therapeutic and social services for individuals with severe medical problems and those at risk of requiring nursing home care.

### **Comfort Care Adult Day Care**

16010 King Rd.  
Riverview, MI 48193  
Phone: (734) 250-7707  
Web site: <http://comfortcareaduldaycare.com>

Our facility is designed for adults who are incapable of independent living but do not need 24 hour nursing care. We promote and encourage independence and interaction for our participants. We accomplish this through an integrated and organized plan of supervised events and activities. Our facility is designed to maintain each participant's dignity and privacy. Dementia, Parkinson's, Alzheimer's, Stroke, Closed Head injury and Cardiac patients are all welcome.

### **Downriver's Nest**

24354 Ecorse Rd.  
Taylor, MI 48180  
Phone: (313) 292-5300  
Email: [info@downriversnest.org](mailto:info@downriversnest.org)  
Web site: <http://downriversnest.org>

Downriver's Nest Adult Day Health Care is a planned program of activities designed to promote well-being through social and health related services. The program operates during daytime hours, Monday through Friday 8:00am to 4:00pm, in a safe, supportive, cheerful environment. We are located in Taylor MI, the heart of the downriver community. Downriver's Nest is committed to the highest quality of service delivery in a reliable and person centered fashion.

### **Engaging Adults in Interactions (EAI)**

23015 Ecorse Road  
Taylor, MI 48180  
Phone: (313) 291-2713

Funding for agency services are provided primarily by the Michigan Office of Services to the Aging and the Michigan Department of Community Health. Accepts private pay. Transportation is available.

### **GOAL Adult Day Care Center**

18960 Schaefer Hwy.  
Detroit, MI 48235  
Phone: (313) 342-8040

Accepts private pay, MI-Choice Medicaid Waiver program funds, and Veterans under extended care program. Ages 60 and over also under that age if MW client.

Application fee of \$25, limited transportation. Hours 7 a.m. - 4 p.m. M-F.

**Laurel Park West**

38910 Six Mile Road  
Livonia, MI 48152  
Phone: (734) 464-2772

Private pay, Ages 60 and over. 4 hour or 8-9 hour time frames.

**Oakwood Adult Day Care Services**

3601 Pelham  
Dearborn, MI 48124  
Phone: (313) 436.2440  
Fax: (313) 561.3349  
Web site: [www.oakwood.org/adult-day-care/](http://www.oakwood.org/adult-day-care/)

Oakwood's Adult Day Care program offers a helping hand to families who care for frail, older adults. Oakwood is a leader in developing programs to meet the varied needs of older adults and our program is designed for individuals who have conditions that prevent them from functioning independently. The daily activities include socialization, arts and crafts, music and drama therapies, and health monitoring with special programs for individuals with Alzheimer's disease, confusion, or advanced memory loss.

**Riverside Park Adult Day Ministry**

11771 Newburgh Rd.  
Livonia, MI 48150  
Phone: (734) 464-0990

Monday – Friday, 7:30 am – 5:30 pm

Adult day care ministry specializing in dementia programming. Accepts private pay, \$5 per hour. Transportation available for local residents.

**Seniors Activity Center Adult Day Care (SAC)**

142000 Puritan  
Detroit, MI 48227  
Phone: (313) 270-2773  
Web site: <http://sacadultdaycare.com>

Our mission is to support the aged, infirmed and disabled adults to live a “quality life” that allows them to remain independent with dignity and avoid nursing homes.

**Wayne County Senior Citizens Services**

Adult Day Services  
30712 Michigan Ave.  
Westland, MI 48186  
Phone: (734) 727-7379

Provides supervised day care for seniors from 8:30-4, M-F. Support services include hot meals and structured recreational activities. Service is funded by The Senior Alliance: Area Agency on Aging 1-C. Seniors age 60 and over, including those with Alzheimer's disease or other forms of dementia, who live in the downriver or western Wayne County communities of: Allen Park, Belleville, Brownstown Twp., Canton Twp., Dearborn, Dearborn Heights, Ecorse, Flat Rock, Garden City, Gibraltar, Grosse Ile, Huron Twp., Inkster, Lincoln Park, Livonia, Melvindale, Northville, Northville Twp., Plymouth, Plymouth Twp., Redford Twp., River Rouge, Riverview, Rockwood, Romulus, Southgate, Sumpter Twp., Taylor, Trenton, Van Buren Twp., Wayne, Westland, Woodhaven, or Wyandotte.

### **Woodhaven Retirement Community**

29667 Wentworth  
Livonia, MI 48154  
Phone: (734) 261-9000

Age 55 or older. Accepts both private pay and subsidized services that are based on ability to pay. Hours: 5 a.m. to 11 p.m.; 365 days a year.

## **CAREGIVER SUPPORT**

### **Adult Well-Being Services**

Caregiver Support Groups: (734) 629-5004  
Web site: [www.awbs.org](http://www.awbs.org)

Call for locations and times in your area.

### **Hearthstone Assisted Living**

Alzheimer's Support Group  
19697 Allen Road  
Brownstown Twp., MI 48183  
Phone: (734) 479-0437

### **Henry Ford Wyandotte Hospital**

Multipurpose Room B OR dining rooms H and J  
2333 Biddle Ave.  
Wyandotte, MI 48192  
Phone: (734) 284-5563

Dementia/Alzheimer's Caregiver Support Group

### **The Information Center**

20500 Eureka Road, Suite 110  
Taylor, Michigan 48180  
Phone: (734) 282-7171  
Email: [info@theinfocenter.info](mailto:info@theinfocenter.info)  
<http://theinfocenter.info/caregiver.html>

There are currently 5 Caregiver Education and Support Groups in the Downriver/Dearborn area that are conducted by The Information Center. Each group meets once a month and each participant has an opportunity to discuss their situation and listen to others explain their situations. The facilitator presents a different topic each month to give caregivers new skills to learn during their caregiving journey. Topics discussed vary, but include stress management, financial planning, hiring a home care worker, guilt and grief, legal matters, caring for the caregiver and Alzheimer's and dementia disorders.

## Caregiver Education and Support Groups

This program provides education, resources, and support for family caregivers. Caregivers need to know that they are not alone in the struggles they face. These sessions are at no charge.

### Dearborn

Oakwood Adult Day Care Center  
3601 Pelham Rd., Dearborn MI 48124  
5:00 p.m.  
(Held the 2<sup>nd</sup> Thursday of each month)

### Woodhaven

Henry Ford Self-Health Center  
23400 Allen Road, Woodhaven 48183  
6:00p.m.  
(Held the 3<sup>rd</sup> Thursday of each month)

### Taylor

American House Southland  
25250 Eureka Rd, Taylor 48180  
In the library upstairs  
1:30 p.m.  
(Held the 3<sup>rd</sup> Wednesday of each month)

### Dearborn

Dearborn Senior Center  
Ford Community and Performing Arts Center  
15801 Michigan Ave., Dearborn 48124  
10:00 a.m.  
(Held the 3<sup>rd</sup> Thursday of each month)

### Riverview

American House Riverview  
20300 Fort Street  
Riverview, MI 48193  
6:00 p.m.  
(Held the 4<sup>th</sup> Thursday of each Month)

If you have any questions please call The Information Center at (734) 282-7171

## **ECONOMIC SECURITY**

### **Operation ABLE of Michigan**

4750 Woodward Avenue, Suite 201  
Detroit, MI 48201  
Phone: (313) 832-0922  
Toll Free: (800) 922-HIRE (4473)  
Email: [ability@OperationABLE.org](mailto:ability@OperationABLE.org)

Our mission is to provide market responsive programs to meet the employment needs of mature individuals along their career paths, to promote lifelong learning among individuals, businesses and government and to assist the employer community in developing a competent workforce.

### **Senior Community Services Employment Program**

15100 Northline Rd., Room 134  
Southgate, MI 48195  
Phone: (734) 281-2470

Provides temporary work experience for older adults with limited financial resources. Individuals are placed in non-profit or public service community agencies where they receive on-the-job training for 20 hours per week.

Adults age 55 and over who meet income guidelines. Service intended primarily for individuals who live in Detroit and the downriver and western Wayne County communities of Allen Park, Belleville, Brownstown Twp., Canton Twp., Dearborn, Dearborn Heights, Ecorse, Flat Rock, Garden City, Gibraltar, Grosse Ile Twp., Huron Twp., Inkster, Lincoln Park, Livonia, Melvindale, Northville, Northville Twp., Plymouth, Plymouth Twp., Redford., River Rouge, Riverview, Rockwood, Romulus, Southgate, Sumpter Twp., Taylor, Trenton, Van Buren Twp., Wayne, Westland, Woodhaven, or Wyandotte.

## **EDUCATION**

### **Wayne County Community College District (WCCCD)**

21000 Northline Rd  
Taylor, MI 48180  
Web site: [www.wcccd.edu/students/pp\\_steps.htm](http://www.wcccd.edu/students/pp_steps.htm)

Citizens who are residents of the Wayne County Community College District and 60 years of age or older may receive a WCCCD tuition-free waiver.

Senior citizen tuition waivers shall be granted on a seat-availability basis in regularly scheduled academic classes. Although community service fees shall be waived for the senior citizens, they are responsible for the cost of books and class supplies. Senior students are expected to adhere to the same academic standards, rules and regulations in place for other students. Proof of age and residency are required at the time of registration.



## **Wayne State University**

42 W. Warren Ave.

Detroit, MI 48202

Phone: (877) WSU-INFO

Senior Citizen Program: Students 60 years of age on or before the first day of classes are eligible for a special tuition rate of 25% of the regular and differential tuition rates detailed in sections 1 and 2, except those enrolled in the first professional JD and MD programs and the Doctor of Pharmacy program. 3.4.1 Eligible students must submit proof of age (e.g., copy of Michigan Driver's license) to Registration and Scheduling.

## **FINANCIAL ASSISTANCE**

### **CREDIT COUNSELING**

Growing older can be difficult without the added burden of credit and financial problems. Credit Counseling Services provide confidential financial assessments, counseling, and assistance to individuals facing credit and financial difficulties. Assistance may cover budget and money management instruction, crisis problem solving (utility shut-off, eviction), and guidance through longer-term credit problems related to mortgages, taxes, wage garnishments, or secured or unsecured loans.

### **Bethel Housing Counseling Agency**

5050 St. Antoine St.

Detroit, Michigan 48202

Phone: (313) 833-9912

Fax: (313) 833-5312

Web site: <http://bethelhousing.org>

### **Church of the Messiah Housing Corporation**

1157 Concord St.

Detroit, MI 48207

Phone: (313) 267-1010

Fax: (313) 267-1033

Web site: <http://messiahhousing.org>

### **Detroit Non-profit Housing Corporation**

8904 Woodward Ave., Suite 279

Detroit, Michigan 48202-1821

Phone: (313) 972-1111

Web site: [www.detroitnon-profithousingcorporation.org](http://www.detroitnon-profithousingcorporation.org)

### **Family Tree**

3511 Sheridan Rd.

Detroit, Michigan 48124

Phone: (313) 962-2329

### **Green Path Debt Solutions**

Toll Free: (800) 550-1961

Web site: [www.greenpath.com](http://www.greenpath.com)

Detroit

2111 Woodward Ave., Suite 906

Detroit, MI 48201

Monroe

826 S. Monroe St.

Monroe, MI 48161

Taylor

8750 S Telegraph Suite 100

Taylor, MI 48180

Westland

38545 Ford Rd. Suite 202

Westland, MI 48185-7901

### **Michigan Neighborhood Partnership**

3301 23rd St., 2nd Floor

Detroit, Michigan 48208

Phone: (313) 361-4530

Fax: (313) 361-4540

Email: [info@mnpartnership.org](mailto:info@mnpartnership.org)

Web site: [www.mnpartnership.org](http://www.mnpartnership.org)

Foreclosure prevention; pre-purchase; financial management; home maintenance.

### **National Foundation for Credit Counseling**

801 Roeder Rd., Suite 900

Silver Spring, MD 20910

Phone: (301) 589-5600

Web site: [www.nfcc.org](http://www.nfcc.org)

### **New Hope CD Non-Profit Housing Corporation**

19487 Evergreen

Detroit, Michigan 48219

Phone: (313) 255-6275

Fax: (313) 255-0117

Web site: [www.newhopedetroit.org](http://www.newhopedetroit.org)

Mortgage Delinquency and Default resolution; pre-purchase; post-purchase; money management; renter's assistance; homeless assistance; reverse mortgage.

**Phoenix Housing & Counseling Non-profit, Inc.**

1640 Porter St.  
Detroit, Michigan 48216-1936  
Phone: (313) 964-4207  
Fax: (313) 964-3861

Foreclosure prevention; pre-purchase; home maintenance; financial management.

**Southwest Housing Solutions**

1920 25th St.  
Detroit, Michigan 48216  
Phone: (313) 841-3727  
Fax: (313) 841-9647  
Web site: [www.swsol.org](http://www.swsol.org)

Foreclosure prevention; pre-purchase; financial management.

**U-Snap Bac Non-profit Housing Corporation**

14901 E. Warren  
Detroit, Michigan 48224-1702  
Phone: (313) 640-1100  
Fax: (313) 640-1112  
Web site: [www.usnapbac.org](http://www.usnapbac.org)

Mortgage Delinquency and Default Resolution Counseling, Pre-purchase Counseling

**FOOD & NUTRITION**

**Emergency Food Assistance Program**

30712 Michigan Avenue  
Westland, Michigan 48186  
Phone: (734) 721-4470

**Wayne County Senior Citizen Nutrition Program**

30712 Michigan Ave.  
Westland, MI 48186  
Phone: (734) 727-7357  
Toll Free: (800) 851-1454

Wayne County Senior Citizen Services provides congregate, home-delivered, and liquid meals to eligible senior citizens age 60 and older in the 34 communities in western Wayne County and in the downriver areas.

Congregate Meals:

Congregate Meals are available to senior citizens age 60 years or older and their spouses, and to physically handicapped persons residing in any senior high-rise where a nutrition site is located. The suggested donation for congregate meals is \$2.25 per meal.

Reservations for meals must be made 24 hours in advance at your nearest site Cancellations for meals should be made 24 hours in advance at your site.

#### Home-Delivered Meals:

Senior citizens aged 60 years and older, who are confined to their homes, may receive hot meals delivered Monday through Friday. The suggested donation for congregate meals is \$2.25 per meal.

#### Liquid Meals:

Liquid Nutrition Program is available to senior citizens age 60 or older, who are unable to ingest solid food. The suggested donation for liquid nutrition is \$10.00 per case. Although contributions toward this amount are encouraged, no one will be turned away for inability to pay.

#### **MiCAFE**

Phone: (877) 664-2233

MiCAFE, Michigan's Coordinated Access to Food for the Elderly, is a program designed to help seniors access the resources they need to maintain their nutritional health as they age. MiCAFE provides personal, one-on-one assistance to seniors to help them get a Michigan Bridge Card that they can use at the store like cash to buy food. Through MiCAFE, seniors may also apply for savings on their Medicare premiums and other public benefits.

#### **Senior Project FRESH/Market FRESH**

##### **Detroit Area Agency on Aging**

1333 Brewery Park, Suite 200

Detroit, MI 48207

Phone: (313) 446-4444

(Detroit, Hamtramck, Highland Park, Harper Woods, the Grosse Pointes)

##### **The Senior Alliance**

3850 Second St. Ste. 201

Wayne 48184

Phone: 734-722-2830

(Out-Wayne County)

The Senior Farmers Market Nutrition Program, known as Senior Project FRESH/Market FRESH in Michigan, provides older adults who qualify with unprocessed, Michigan-grown products from authorized farmers markets and roadside stands throughout Michigan.

To qualify, an older adult must be:

- 60 years of age or older
- Have a total household income of 185% of poverty or less
- Live in the county where the coupons are issued
- You may also receive coupons if you are a participant in the MDCH Wisewoman program.

Eligible adults will receive a minimum of 10, \$2.00 coupons that can be used as cash at authorized farmers markets and roadside stands. These coupons can be used from June 1-October 31st. They are not valid after that date. You may use the coupons to purchase unprocessed, Michigan-grown products.

## **FORECLOSURE ASSISTANCE**

For most families, a home is not only a significant financial investment but also a source of pride. The loss of a home, due to unexpected events such as unemployment, can be financially and personally devastating. If you are behind on your payments, speak with your mortgage company. You can find the contact information on your monthly mortgage statement or coupon book.

### **Department of Human Services**

P.O. Box 30037  
235 S. Grand Ave.  
Lansing, Michigan 48909  
Phone: (517) 373-2035  
Fax: (517) 335-6236  
TTY: (517) 373-8071  
Web site: [www.michigan.gov/dhs](http://www.michigan.gov/dhs)

Foreclosure programs and resources.

### **Homeownership Preservation Foundation**

8400 Normandale Lake Blvd., Suite 250  
Minneapolis, MN 55437  
Phone: (952) 857-8910  
Toll Free: (888) 995-HOPE (4673)  
Web site: [www.995hope.org](http://www.995hope.org)

The Homeownership Preservation Foundation is a 501(c) (3) nonprofit which creates partnerships with local governments, nonprofit organizations, borrowers and lenders to help families overcome obstacles that could result in the loss of their homes.

### **Michigan Foreclosure Prevention Program**

Web site: <http://miforeclosure.mplp.org>

Michigan Foreclosure Prevention Project is a collaborative statewide project involving several legal services programs.

**Michigan Homeowner Assistance Nonprofit Housing Corporation (MHA)**

Step Forward Michigan - MSHDA  
George W. Romney Building - 8th Floor  
111 S. Capitol Ave.  
Lansing, MI 48933  
Phone: (866) 946-7432  
Fax: (517) 335-9890  
Email: [StepForward@michigan.gov](mailto:StepForward@michigan.gov)  
Web site: [www.stepforwardmichigan.org](http://www.stepforwardmichigan.org)

Many Michigan homeowners are in danger of losing their homes. That is why the Michigan Homeowner Assistance Non-Profit Housing Corporation (MHA), acting through Michigan State Housing Development Authority (MSHDA) has programs in place to help.

**Michigan State Housing Development Authority (MSHDA)**

Phone: (313) 456-3540 Detroit office  
Phone: (517) 373-8370 Lansing office  
Web site: [www.michigan.gov/mshda](http://www.michigan.gov/mshda)

Foreclosure programs and resources; Down Payment Assistance; funds housing rehabilitation assistance programs; offers rental assistance programs

**Mission of Peace**

333 West Fort St., Suite 1200  
Detroit, MI 48226  
Phone: (313) 967-0140  
Email: [mopc@aol.com](mailto:mopc@aol.com)  
Web site: [www.missionofpeace.com](http://www.missionofpeace.com)

Homeowners who are behind or in default, or imminent default, of their mortgage payment.

**APPLICATION:**

Call or walk in. Picture ID, second piece of identification, proof of income, most recent paperwork from Mortgage Company, and list of monthly bills required for service.

## **National Foreclosure Assistance Programs**

### **Making Home Affordable**

Web site: [www.makinghomeaffordable.gov](http://www.makinghomeaffordable.gov)

If you can no longer afford to make your monthly loan payments, you may qualify for a loan modification to make your monthly mortgage payment more affordable. Millions of borrowers who are current, but having difficulty making their payments and borrowers who have already missed one or more payments may be eligible.

Foreclosure rescue and mortgage modification scams are a growing problem. Homeowners must protect themselves so they do not lose money—or their home.

Assistance from a HUD-approved housing counselor is FREE.

### **U.S. Department of Housing and Urban Development**

451 7th St. S.W.,

Washington, DC 20410

Phone: (202) 708-1112

TTY: (202) 708-1455

Web site: [www.hud.gov/foreclosure/index.cfm](http://www.hud.gov/foreclosure/index.cfm)

## **FREEBIES**

### **BIRTHDAY FREEBIES**

Baskin Robbins - Free ice cream

Web site: <http://tinyurl.com/d72j6b>

BD's Mongolian BBQ - Free meal (you can either get one bowl or the unlimited)

Web site: [www.gomongo.com/experience/joinClubMongo.php](http://www.gomongo.com/experience/joinClubMongo.php)

Benihana - Free Birthday Dinner Certificate (up to \$30)

Web site: [www.benihana.com/email](http://www.benihana.com/email)

Big Bear Lodge - Initial sign up is \$10 off a \$20 purchase - BD coupon is your age % off

Web site: <http://tinyurl.com/BigBearLodge>

Culver's - Free small sundae

Web site: [www.culvers.com/culverized/e-club.aspx](http://www.culvers.com/culverized/e-club.aspx)

Dairy Queen - Free Blizzard when you buy one

Web site: [www.dairyqueen.com/us-en](http://www.dairyqueen.com/us-en) (at the bottom you will see a place to enter your information and get a free coupon when you join)

Denny's - Free Grand Slam Breakfast on your Birthday

Web site: [www.dennys.com](http://www.dennys.com)

Just show up on your birthday and show your ID to receive a free Grand Slam Breakfast. You will also get a coupon for a free burger and fries when you sign up for their email club.

East Side Mario's - Buy one entree get one free coupon

Web site: <http://esm.s4m0.com/i.p?m=1044>

Noodles & Company

Web site: [www.noodles.com](http://www.noodles.com)

Coupon for a free bowl. It doesn't indicate on the coupon but you can get meat added too.

Lone Star Steakhouse - Free Entree up to \$15

Web site: [www.lonestarsteakhouse.com/files/home.aspx](http://www.lonestarsteakhouse.com/files/home.aspx)

Red Robin - Red Royalty card gives you a free burger (comes with unlimited fries)

Web site: [www.redrobin.com/redroyalty](http://www.redrobin.com/redroyalty)

Ruby Tuesday's - Coupon for a free burger (comes with unlimited fries)

Web site: [www.rubytuesday.com](http://www.rubytuesday.com) (enter your email in the box on the homepage)

## **INTERNET**

Free Dial up Internet

Web site: <http://www.dialinfree.net>

Service is currently available in all Michigan area codes.

## **HEALTH AND WELLNESS**

### **DRIVER SAFETY CLASSES**

#### **AAA Michigan**

Phone: (866) 659-1317

Email: [DriverTraining@AAAMich.com](mailto:DriverTraining@AAAMich.com)

Mature Driver Training:

Even the most experienced driver can benefit from learning about the changes that affect us as we age. AAA's Mature Driver Training course delivers tips to help older drivers compensate for changing vision, reflexes and response time. It also shows how many of yesterday's driving methods have been replaced by more advanced, risk-reducing driving techniques.

To learn more, contact [DriverTraining@AAAMich.com](mailto:DriverTraining@AAAMich.com) or call 866.659.1317.

#### **AARP Driver Safety Classes**

Phone: (877) 846-3299



## **FRIENDLY REASSURANCE**

Friendly Reassurance Programs provide for regular telephone contacts or home visits with homebound older persons to assure their well-being and safety and to provide social interaction. Calls are usually made Monday through Friday. Reassurance programs may also be called Telephone Reassurance or Tele-Care programs.

### **Catholic Social Services of Wayne County**

26155 Richardson St.  
Dearborn Heights, MI 48127  
Phone: (313) 278-8455  
Email: [csswc@csswayne.org](mailto:csswc@csswayne.org)  
Web site: [www.csswayne.org](http://www.csswayne.org)

Offers telephone reassurance programs to independent seniors. "Service With Love" volunteers contact participants M-F mornings to ensure their health and safety. "Keeping Independent Seniors Safe" (KISS) provides seniors a telephone number to call each weekday morning. Follow-up calls are made when seniors do not call in.

Individuals age 55 and over who live in Wayne County.

### **Mount Elliot Center**

3646 Mt. Elliott  
Detroit, MI 48207  
Phone: (313) 921-4700  
Web site: [www.detroiteastcmh.org](http://www.detroiteastcmh.org)

Offers telephone contact seven days a week to senior citizens who are homebound or who live alone, to ensure their good health and safety and to initiate assistance when necessary. Service provided by volunteers.

Individuals age 55 and over who live in Wayne County.

### **Wayne County Senior Citizen Services**

30712 Michigan Avenue  
Westland, MI 48186  
Phone: (734) 727-7375

Many communities not listed below operate their own Reassurance program. Contact your local senior center for more information.

The Wayne County Senior Citizens Services can be reached by calling 734-727-7374, or 734-727-7375. Their service areas are Belleville, Canton Township, Garden City, Huron Township, Inkster, Plymouth, Plymouth Township, Romulus, Sumpter Township, Van Buren Township, and Westland.

Retired and Senior Volunteer Program, or RSVP, can be reached by calling 313-278-7796, and their service area is all of Wayne County.

## **HEARING SERVICES**

### **Deaf Community Advocacy Network (DEAF C.A.N.!)**

Northwest Activities Center  
18100 Meyers Road #2A  
Detroit, MI 482  
Phone: (313) 340-3234  
VP: (313) 651-7585  
Email: [www.deafcan.org](http://www.deafcan.org)

Linking Deaf and Hard of Hearing people with the community through communication, advocacy, leadership and socialization.

Deaf Community Advocacy Network - DEAF C.A.N.! is a non-profit organization established in 1981 to provide services to the thousands of Deaf and Hard of Hearing people in our area. DEAF C.A.N.! offers direct client services to individuals and families as well as community education and information for professional groups. DEAF C.A.N.! provides a full array of services to the deaf and hard of hearing communities in southeastern Michigan.

### **Deaf and Hearing Impaired Services**

25882 Orchard Lake Rd., Suite 100  
Farmington Hills, MI 48336  
Phone: (248) 473-1888

Offers hearing screening for older adults experiencing hearing loss. Service is funded by Detroit Area Agency on Aging.

Individuals age 60 and over.

### **Lions Hearing Center of Michigan**

4201 St, Antoine, UHC-5E  
Detroit, MI 48201  
Phone: (313) 745-1924  
Toll Free: (888) 542-6424

For those individuals who qualify (no insurance and within 200% of poverty income levels) we provide free hearing aids. Hearing aids are available to persons living in Michigan, and are distributed through 17 participating locations around the state. In addition, low-cost hearing aids are available to all individuals who do not qualify for this program.

Applications are available at your local Lions club, who must endorse your application. For additional information, call (313) 745- 1924.

### **Michigan Coalition for Deaf and Hard of Hearing**

Web site: [www.michdhh.org](http://www.michdhh.org)

Email: [campchris@michdhh.org](mailto:campchris@michdhh.org)

Phone: (586) 778-4188 voice

TTY: (586) 285-1842

Michigan Coalition for Deaf and Hard of Hearing People is a statewide coalition of agencies and organizations working together to improve accessibility and services for Michigan's Deaf and Hard of Hearing people. The Coalition meets quarterly to address issues pertinent to people who are Deaf or Hard of Hearing.

### **Paws With a Cause**

1349 Piedmont

Troy, MI 48083

Phone: (248) 619-9201

Toll Free: (800) 253-7297

Email: [paws@ionline.com](mailto:paws@ionline.com)

Web site: [www.pawswithacause.org](http://www.pawswithacause.org)

Hearing dogs -- hearing impaired individuals age 18 and over; service dogs -- age 14 and over, with a qualifying disability; service dogs for children with autism -- age 4-12 years.

Adults who have been challenged by any of more than 25 different disabilities, including, but not limited to: cerebral palsy, muscular dystrophy, spinal cord injuries, epilepsy, and varying degrees of hearing impairment.

## HOME HEALTH CARE

Home health care helps seniors live independently for as long as possible, given the limits of their medical condition. It covers a wide range of services and can often delay the need for long-term nursing home care.

More specifically, home health care may include occupational and physical therapy, speech therapy, and even skilled nursing. It may involve helping the elderly with activities of daily living such as bathing, dressing, and eating. Or it may include assistance with cooking, cleaning, other housekeeping jobs, and monitoring one's daily regimen of prescription and over-the-counter medications.

### **Abnore Healthcare Services**

23999 Northwestern Hwy. Suite 200  
Southfield, MI 48075  
Phone: (248) 569-1040

### **Affordable Home Care**

30640 W. 12 Mile Rd.  
Farmington Hills, MI 48334  
Phone: (248) 477-4848  
Web site: [www.affordablehomecare.org](http://www.affordablehomecare.org)

### **Angel Home Care**

6800 Allen Rd.  
Allen Park, MI 48101  
Phone: (313) 386-0622  
Web site: [www.angelhomecare.net](http://www.angelhomecare.net)

### **Community Living Services**

35425 W. Michigan Ave.  
Wayne, MI 48184  
Phone: (734) 467-7600  
Web site: [www.comlivserv.com](http://www.comlivserv.com)

### **ElderCare Home Care Group**

8738 Macomb  
Grosse Ile, MI 48138  
Phone: (734) 671-6518  
Web site: [www.eldercarecares.com](http://www.eldercarecares.com)

### **Excellacare Private Duty**

20853 Farmington Rd., Suite 205  
Farmington Hills, MI 48336  
Phone: (248) 476-9091  
Web site: [www.excellacare.com](http://www.excellacare.com)

### **Generations Home Care Group**

1613 Star Batt Drive  
Rochester Hills, MI 48309  
Phone: (248) 844-9650

### **Golden Home Care Services**

154 South St.  
Belleville, MI 48111  
Phone: (734) 697-0888

### **Graceful Home Care Services**

13109 Birrell  
Southgate, MI 48195  
Phone: (734) 282-7539

### **Homestead Health Care Services**

21800 Haggerty Rd., Suite 205  
Northville, MI 48167  
Phone: (248) 735-5900

### **Loving Care Home Care, LLC**

7596 Macomb, Ste 11 & 12  
Grosse Ile, MI 48138  
Phone: (734) 676-3564  
Web site: [www.lovingcarehomecare.com](http://www.lovingcarehomecare.com)

### **The Medical Team, Inc**

17197 Laurel Park Dr., Suite 555  
Livonia, MI 48152  
Phone: (734) 779-9700  
Web site: [www.medicalteam.com](http://www.medicalteam.com)

**Nurse Match Staffing Solutions**

21901 Harper Ave.  
St. Clair Shores, MI 48080  
Phone: (586) 473-6188

**Patient Support Services**

28120 Dequindre  
Warren, MI 48092  
Phone: (586) 751-2903

**Quality Home Care Services**

31691 Olmstead  
Rockwood, MI 48173  
Phone: (734) 379-0736

**ResCare Homecare**

29200 Southfield Rd., Suite 101A  
Southfield, MI 48076  
Phone: (248) 200-2008

**Rhema Health Care**

17800 Northland Pk Ct., Suite 103  
Southfield, MI 48075  
Phone: (248) 200-2008  
Web site: [www.rhemahealthcarellc.com](http://www.rhemahealthcarellc.com)

**Watson Home Health Care**

2755 Carpenter Rd., Suite 3NW  
Ann Arbor, MI 48108-1171  
Phone: (248) 559-1889

**Your Personal Care Services (Y-Pcs)**

23077 Greenfield Road, Suite 238  
Southfield, MI 48075  
Phone: 313-412-1318

## **HOSPICE**

Hospice care provides medical services, emotional support, and spiritual resources for persons who are in the last stages life. Hospice care also helps family members manage the practical details and emotional challenges of caring for a dying loved one.

### **Angela Hospice Home Care, Inc.**

14100 Newburgh Rd  
Livonia, MI 48154  
Phone: (866) 464-7810  
Web site: [www.angelahospice.org](http://www.angelahospice.org)

Community based program. Licensed, certified for Medicare, Medicaid and BCBSM. Provides home hospice, inpatient care, continuous care and respite care. Has licensed hospice residence beds. Has a pre-natal and pediatric program. Accredited by CHAP. Non-profit, member of NHPCO.

Counties served: Livingston, Macomb, Monroe, Oakland, Washtenaw, & Wayne.

### **Arbor Hospice**

2366 Oak Valley Drive  
Ann Arbor, MI 48103  
Phone: (800) 997-9266  
Web site: [www.arborhospice.org](http://www.arborhospice.org)

Since 1984 Arbor Hospice, a non-profit, community-based hospice, has been providing quality service and compassionate care to the terminally ill and their families wherever they call home and in The Residence of Arbor Hospice. Arbor Hospice cares for patients of all ages, including pediatric patients. Arbor Hospice provides care in seven counties (Washtenaw, Wayne, Livingston, Oakland, Jackson, Lenawee and Monroe. At home or in The Residence of Arbor Hospice in Ann Arbor, patients and their families are educated, prepared and supported every step of the way. Arbor Hospice is licensed and certified by Medicare and BCBSM and is CHAP accredited. Arbor Palliative Care, an in-home consultative service for people needing help with symptom control while continuing curative treatments has recently been launched.

### **Barbara Ann Karmanos Cancer Institute Hospice**

24601 Northwestern Hwy  
Southfield, MI 48075  
Phone: (248) 304-2200  
Web site: [www.karmanos.org](http://www.karmanos.org)

Private, non-profit based program, affiliated with Wayne State University and the DMC. Licensed, certified for Medicare and BCBSM. Provides hospice care, inpatient care by contract, continuous care, and respite care. Accredited by JCAHO. Counties served: Macomb, Oakland, Wayne

### **Compassionate Care Hospice of MI**

5730 N Lilley Rd  
Canton, MI 48187  
Phone: (888) 983-9050  
Web site: [www.cchnet.net](http://www.cchnet.net)

Community based Hospice. Licensed, certified for Medicare and Medicaid. CHAP accredited. Provide care in private residences, nursing homes, assisted living facilities, adult foster care. Specialty programs include "first night home", pet therapy, compassionate touch, dementia care and Veteran care. Counties served: Livingston, Monroe, Oakland, Washtenaw, Wayne

### **Heartland Hospice-Ann Arbor**

3840 Packard Rd., Suite 260  
Ann Arbor, MI 48108  
Phone: (734) 973-1145  
Web site: [www.hcr-manorcare.com](http://www.hcr-manorcare.com)

Hospice agency serving patients in the home, as well as in the Assisted Living and Nursing Home setting. Licensed, certified for Medicare and BCBSM. Provides routine continuous care, respite care, and inpatient care by contract. For profit, member of NHPCO. Counties served: Lenawee, Livingston, Monroe, Oakland, Washtenaw, and Wayne

### **Henry Ford Hospice**

655 West 13 Mile Road  
Madison Heights, MI 48071  
Phone: (248) 585-5270  
Web site: [www.henryford.com/hospice](http://www.henryford.com/hospice)

Health system based program. Licensed, certified for Medicare and BCBSM. Provides homecare, inpatient care by contract and directly, continuous care, and respite care. Has pediatric program. Accredited by JCAHO. Non-profit, member of NHPCO. Division of Hospices of Henry Ford Health System. Counties served: Macomb, Wayne

### **Hospice Compassus**

24445 Northwestern Hwy., Suite 105  
Southfield, MI 48075  
Phone: (248) 355-9900  
Web site: [www.samaritancarehospice.com](http://www.samaritancarehospice.com)

Community based program. Licensed, certified for Medicare and BCBSM. Provides homecare, inpatient care by contract and directly, continuous care, and respite care. For-profit.

Counties served: Genesee, Lapeer, Livingston, Macomb, Monroe, Oakland, Shiawassee, St. Clair, Washtenaw & Wayne

**Hospice of Michigan**

400 Mack Avenue  
Detroit, MI 48201  
Phone: (313) 578-5000  
Toll Free: (888) 247-5701 (24-hour)  
Web site: [www.hom.org](http://www.hom.org)

Serving Wayne and Monroe counties

Hospice of Michigan provides specialized health care services for people who are living with a terminal illness as well as services and support for their loved ones. These services, commonly referred to as palliative care, focus on comfort measures and symptom management.

**Seasons Hospice & Palliative Care of MI, Inc.**

27355 John R Road  
Madison Heights, MI 48071  
Phone: (800) 370-8592  
Web site: [www.seasons.org](http://www.seasons.org)

Community based program. We are committed to enhancing quality of life through multi-sensory therapies, pain/symptom management and spiritual/emotional support for patients and families. Counties served: Oakland, Macomb, St. Clair, Wayne, Mason, Livingston, Washtenaw, Genesee & Lapeer

**St Joseph Mercy Hospice**

3075 Clark Rd., Suite 200  
Ypsilanti, MI 48197  
Phone: (734) 327-3200  
Web site: [www.stjoeshealth.org](http://www.stjoeshealth.org)

**Vitas Innovative Hospice Care**

26261 Evergreen Rd  
Southfield, MI 48076  
Phone: (248) 204-6300  
Web site: [www.vitas.com](http://www.vitas.com)

Licensed and certified for all private insurance, Medicare and Medicaid. Providing home based, inpatient care by contract, continuous 24/7 care and respite care. Nursing home and assisted living care for Hospice patients. Counties served: Macomb, Oakland, Wayne

**VNA of SE Michigan**

25900 Greenfield Suite 600  
Oak Park, MI 48237  
Phone: (800) 561-7007  
Web site: [www.vna.org//myh\\_vnaHospice.aspx](http://www.vna.org//myh_vnaHospice.aspx)



Community based program providing hospice services in any location-home, hospital, skilled nursing facility, independent living-in Tri-County area. Medicare certified. JCAHO accredited. NHPCO member. Non-profit. Counties served: Macomb, Oakland & Wayne

## **MEDICAL EQUIPMENT AND SUPPLIES**

Medical equipment can sometimes be borrowed from organizations that recycle used equipment. You can also check your local free ads in the newspaper, the local Salvation Army Store, recycle organizations, and churches.

Specific illness groups might also have equipment closets (Cancer, MS, etc.) Check each website or call the state organization for information.

Fire Departments, City offices and Service Organizations may also have loan closets or have information on other loan closets.

### **Assistive Technology (AT) Xchange**

Michigan Disability Rights Coalition  
3498 East Lake Lansing Road, Suite 100  
East Lansing, MI 48823  
Toll Free: (800) 760-4600  
Phone: (517) 333-2477  
Fax: (517) 333-2677  
Email: [ATX@prosynergy.org](mailto:ATX@prosynergy.org)  
Website: <http://www.ATXchange.org>

Do you have a used AT item in storage that could really help someone who has a disability? It could be anything from a wheelchair, stair lift, Braille reader, or reacher! If so, just post a classified ad at [ATXchange.org](http://ATXchange.org). Include a digital photo. ATXchange is open to vendors who have used equipment for sale also. And don't worry about cost, ATXchange is a free service!

Maybe you or someone you know is looking for AT? Check out [ATXchange.org](http://ATXchange.org)! If you can't find what you are looking for, you can post it as an item wanted and receive an email message telling you if and when someone posts the item you are looking for. You may find the AT you are seeking for a bargain price – even for free!

### **Project Freedom**

Phone: (734) 240-2565  
Email: [info@projectfreedommi.org](mailto:info@projectfreedommi.org)  
Web site: <http://www.projectfreedommi.org>

Project Freedom has established a referral process with many of the hospitals, rehabilitation centers and nonprofit organizations in southeast Michigan. These organizations work with persons with a variety of disabilities on a daily basis and are aware of the funding sources available for special-needs individuals. Project Freedom receives referrals from organizations that have assessed the patient's ability to purchase this type of equipment and determined that the equipment will benefit the patient and his/her caregivers.

If you, or someone you know, can benefit from a lift, here is how you can help them begin the process. Contact a case manager or social worker at the hospital, rehabilitation center or nonprofit organization the patient has been working with. If they do not have a referral form, you can print one here for them ([www.projectfreedommi.org/form.pdf](http://www.projectfreedommi.org/form.pdf)).

## **INCONTINENCE SUPPLIES**

### **Detroit Wayne County Health Authority**

3031 W. Grand Blvd., Suite 545  
Detroit, MI 48202  
Phone: (313) 871-3751

### **Downriver Fish and Loaves Community Food Pantry**

25670 Northline Rd.  
Taylor, MI 48180  
Phone: (734) 442-0031

### **J & B Medical Supply**

50496 W. Pontiac Tr.  
Wixom, MI 48393  
Toll Free: (800) 737-0045  
Phone: (248) 896-6201

Provides low cost supplies for Medicaid recipients

### **Society of St. Vincent De Paul**

3000 Gratiot Ave.  
Detroit, MI 48207  
Toll Free: (877) 788-4623

### **The Senior Alliance**

3850 Second St., Suite 201  
Wayne, MI 48184  
Phone: (734) 722-2830  
Toll Free: (800) 815-1112

### **Starfish Family Services**

30000 Hively Rd.  
Inkster, MI 48141  
Phone: (734) 728-3400

## **LOAN CLOSETS**

This list represents the agencies that are presently on file and is not guaranteed to be a complete list. Most fire departments and senior centers have loan closets for members of their community. If you do not see yours listed here it does not necessarily mean that they do not have one. You may call The Information Center at (734) 282-7171 for updated information.

**Allen Park Presbyterian Church**

7101 Park Ave.  
Allen Park, MI 48101  
Phone: (313) 383-0100  
Email: [appc@appc.us](mailto:appc@appc.us)  
Web site: [www.appc.us](http://www.appc.us)

Loan Closet with Medical Type Equipment

**ALS of Michigan**

24359 Northwestern Hwy., Suite 100  
Southfield, MI 48075  
Phone: (800) 882-5764

Has loan for scooters, wheelchairs, communication devices & more.

**Berwyn Senior Citizen Center**

26155 Richardson  
Dearborn Heights, MI 48125  
Phone: (313) 91-3550

Dearborn Heights residents only. Please bring a Michigan ID. Wheelchairs, bath chairs, walkers, canes, commodes, etc. Please call to check for availability.

**Christ the King Lutheran Church**

16700 Pennsylvania Rd  
Southgate, MI 48195  
Phone: (734) 285-8525

**Eton Senior Citizen Center**

4900 Pardee  
Dearborn Heights, MI 48125  
Phone: (313) 277-7765

Dearborn Heights residents only. Please bring a Michigan ID. Wheelchairs, bath chairs, walkers, canes, commodes, etc. Please call to check for availability.

**Livonia Senior Center**

15218 Farmington Road  
Livonia, MI 48154  
Phone: (734) 466-2555  
Monday - Friday 8:30 a.m. - 5:00 p.m.

Livonia residents only - Wheelchairs, transfer benches, canes, walkers, commodes, crutches, and raised toilet seats. A cash deposit must be made at the time the equipment is picked up and is refunded when the equipment is returned.

### **Multiple Sclerosis Society of Michigan**

21311 Civic Center Dr.  
Southfield, MI 48076  
Phone: (248) 351-2190  
Toll Free: (800) 344-4867  
Email: [info@mig.nmss.org](mailto:info@mig.nmss.org)

Service Area: All Michigan Counties - Must have multiple sclerosis

Equipment available varies. Most often times we have manual and electric wheelchairs, walkers and electric scooters. Please call to check for availability.

### **Muscular Dystrophy Association**

Phone: (800) 572-1717  
Web site: [www.mda.org](http://www.mda.org)

Service Area: All Michigan Counties

Must have a neuromuscular disease covered by the organization. (Go to MDA.org for a list of diseases covered.)

The Muscular Dystrophy Association operates medical equipment loaner closets in Michigan. This program offers medical equipment, as available, for loan at no charge to registered ALS patients for as long a period as is needed.

### **Paralyzed Veterans of America/Michigan Chapter**

40550 Grand River Ave.  
Novi, MI 48375  
Phone: (800) 638-6782  
Email: [chapterhq@michiganpva.org](mailto:chapterhq@michiganpva.org)  
Web site: [www.michiganpva.org](http://www.michiganpva.org)

Service Area: All Michigan Counties

If you are in need of medical equipment, please contact us. Equipment Donation Program focuses on the needs of people with spinal cord injury or disease. We only accept items that help people with mobility issues. For example, we accept donations of wheelchairs, power chairs, adaptive sports equipment, hoists, lifts, and other items that help people who cannot easily move.

### **Plymouth Council on Aging**

201 S. Main  
Plymouth, MI 48170  
Phone: (734) 453-1234 x236

Plymouth City or Township residents age 55 or older - Wheelchairs, bath transfer benches, commodes, walkers, canes, etc. Please call to check for availability.

### **Redford Community Center**

Senior Services

12121 Hemingway

Redford, Michigan, 48239

Phone: (313) 387-2788

Web site: [www.redfordtwp.com/seniors.php](http://www.redfordtwp.com/seniors.php)

Loan Closet, Redford Township is open Monday-Friday 8:30 a.m.-4:30 p.m. for Redford Residents only. We have walkers, crutches, canes etc. available.

### **Services for Older Citizens**

Henry Ford Medical Center-Cottage

159 Kercheval

Grosse Pointe Farms, MI 48236

Phone: (313) 882-9600

Web site: [www.socservices.org](http://www.socservices.org)

Grosse Pointe and Harper Woods Residents 60 years and older. Wheelchairs/Accessories: standard wheelchairs, cushions and trays, crutches, walkers, and Canes/accessories: crutches, folding walkers (with or without wheels), rolling walkers with folded seat, canes, quad canes, walker extensions, replacement tips, trays, baskets for walkers, tennis balls for gliding. Bath and Shower Accessories: bath benches (with or without back), transfer tub benches, extended foot brushes, extended back sponges, safety tub bars, portable shower heads, Toileting Items: commode chairs and raised toilet seats (accepted only if new), adult incontinence briefs (with or without tabs: all sizes), male guards, feminine products, under pads, flannel rubber bed pads, disposable washcloths. Aids for Daily Living: reachers, dressing sticks, sock aides, step stools, cast and bandage protectors, long shoe horns, 42 inch leg lifters, pill boxes, magnifying glasses, bedside support rails, ramps, Cushions: gel foam, Nutritional supplements

### **Southgate Senior Center**

14700 Reaume Parkway

Southgate, MI 48195

Phone: (734) 258-3066

Southgate Residents: Wheelchairs, canes, commodes and high-rise toilet seats. Please call to check for availability.

### **Trenton-Westfield Activities Center**

2700 Westfield Rd.

Trenton, MI 48183

Phone: (734) 675-0063

Web site: [www.trentonmi.org](http://www.trentonmi.org)

The Trenton Recreation Department provides medical equipment on a loan basis to those who are in need. A nominal deposit and proof of residency is all that is required.

**United Cerebral Palsy Michigan**

4970 Northwind Drive, Suite 102  
East Lansing, MI 48823  
Phone: (517) 203-1200 Ext. 303  
Phone: (800) 828-2714 (Michigan only)  
Email: [ucp@ucpmichigan.org](mailto:ucp@ucpmichigan.org)  
Web site: [www.ucpmichigan.org](http://www.ucpmichigan.org)

All Michigan Counties

Individuals with any form of disability living in Michigan.

**Veterans Haven Inc.**

4924 S. Wayne Road  
Wayne, MI 48184  
Phone: (734) 728-0527  
Email: [vetshaven@earthlink.net](mailto:vetshaven@earthlink.net)

Veterans only - Medical supplies and medical equipment.

**Wayne Fire Department**

3355 South Wayne Rd.  
Wayne, MI 48184  
Phone: (734) 722-2000

Special equipment (walkers, wheelchairs, etc.) is available for Wayne residents from the "Loan Closet" at our Fire Department.

**World Medical Relief**

11745 Rosa Parks  
Detroit, MI 48206-1270  
Phone: (313) 866-5333  
Email: [info@worldmedicalrelief.org](mailto:info@worldmedicalrelief.org)  
Web site: [www.worldmedicalrelief.org/index.html](http://www.worldmedicalrelief.org/index.html)

Low-income clients. We require a referral from a health care worker or a prescription from your physician.

Durable Medical Equipment Program - Through the DME program, low-income clients can obtain canes, walkers, hospital beds, over-the-bed tables, commodes, tub benches, and similar items. A doctor's prescription is needed to receive durable medical equipment. All items must be picked up from WMR's warehouse. A small handling fee is assessed. Call first to check for availability. We have adult briefs, pull-ups and bed pads available by the case. Call for prices if you are interested. Basic dressings, ostomy supplies and liquid nutrition can be purchased based upon availability at a nominal charge. A referral is needed for these items. All of the items discussed above must be picked up and paid for by cash, money order or credit card.

## **PRESCRIPTION ASSISTANCE**

If you or a loved one is in need of assistance to obtain prescription medications, there are several resources available to help. There are Web sites that provide information for the under-insured, the non-insured, and those whose insurance simply does not cover medications.

If you take many medications, it may be hard to research all your options and fill out paperwork for all the different programs. Several groups provide free information, and some will help you find the program that supplies the drug you need.

### **Medicare Extra Help**

Phone: (800) 772-1213

Web site: [www.ssa.gov/prescriptionhelp](http://www.ssa.gov/prescriptionhelp)

Anyone who has Medicare can get Medicare prescription drug coverage. Some people with limited resources and income also may be able to get Extra Help to pay for the costs—monthly premiums, annual deductibles, and prescription co-payments—related to a Medicare prescription drug plan. The Extra Help is estimated to be worth about \$4,000 per year. Many people qualify for these big savings and don't even know it.

To qualify for Extra Help:

-You must reside in one of the 50 States or the District of Columbia;

-In 2013 your resources must be limited to \$13,070 for an individual or \$26,120 for a married couple living together. Resources include such things as bank accounts, stocks, and bonds. We do not count your home, car, and any life insurance policy as resources;

-Your annual income must be limited to \$16,755 for an individual or \$22,695 for a married couple living together. Even if your annual income is higher, you still may be able to get some help.

Some examples where your income may be higher are if you or your spouse:

- Support other family members who live with you;
- Have earnings from work

### **Wayne County Discount Prescription Card**

Phone: (800) WELL-NOW (800-935-5669)

Web site: [www.waynecounty.com/hhs\\_hchoice\\_discountprescard.htm](http://www.waynecounty.com/hhs_hchoice_discountprescard.htm)

Wayne County Discount Prescription Card is now available to all Wayne County residents. The program, which provides a free discount prescription card, will provide savings of up to 75% on prescription drugs with average savings of around 30%. There are no restrictions to membership, no income restrictions, no age limit and no applications to fill out. The Wayne County Discount Prescription Card is accepted at over 50,000 national and regional pharmacies around the

country, and has an “open” formulary which means all medications are included. Participating pharmacies include many chain stores including Kroger Pharmacy, Kmart Pharmacy, Sav-on Drugs, CVS/pharmacy, Walgreens, and Rite Aid, among others, as well as thousands of independent pharmacies.

### **Wayne County Senior Prescription Savings Program**

Phone: (866) 896-3450

Web site: [www.co.wayne.mi.us/hhs\\_hchoice\\_spsp.htm](http://www.co.wayne.mi.us/hhs_hchoice_spsp.htm)

You qualify for the Senior Savings Card if:

- You are a Wayne County Resident
- You are 55 or older
- You have no other co-pay coverage (even if you have a deductible, but no co-pay, you qualify)

Wayne County's Senior Prescription Savings Program offers an excellent opportunity for residents 55 and over to save money on necessary medication. Seniors can save up to 13 percent over the average wholesale price on drugs purchased at any participating pharmacy and up to 50 percent on mail-in savings from generic medicine.

### **Michigan Drug Prices**

Web site: [www.michigandrugprices.com](http://www.michigandrugprices.com)

As most consumers know, the prices of prescription drugs can vary from pharmacy to pharmacy. The Michigan Department of Community Health (MDCH) has created this website to help the citizens of Michigan compare prices among pharmacies, since drug prices typically are not advertised or even displayed.

The drugs selected for this website are 150 of the most commonly prescribed drugs in Michigan as reported by MDCH's Medical Services Administration; prices are obtained from Medicaid prescriptions and represent many of the State's retail pharmacies. This web site allows citizens to search for information on particular listed drugs in a geographic region by pharmacy.

Since some of the prices listed on this website could be up to 6 months old, consumers should call ahead to their pharmacy of choice to check the latest prescription drug price - before traveling to purchase a prescription drug.

### **MiRx (My Prescription)**

MiRx Enrollment

P.O. Box 30412

Lansing, MI 48909

Web site: [www.mihealth.org/mirx/index.html](http://www.mihealth.org/mirx/index.html)

The MiRx Card program is free. There is no cost for the card. There is no cost to enroll in the program. And, the MiRx card is easy to use. MiRx card holders will take their prescription and their MiRx card to their local participating pharmacy. The pharmacist will fill the prescription



and charge the MiRx discounted price. The discount is good on any medicine the pharmacist stocks and your doctor prescribes. Over-the-counter drugs are not covered even if they are prescribed by your doctor.

When you present your MiRx card at participating pharmacies you can expect to save about 20 percent off the retail price of common prescription drugs. Savings will typically be between 5 and 25 percent. Savings depend on the kinds of medicines used, and if they are generic or brand-name drugs.

Participating pharmacies will be listed on the Department of Community Health web site ([www.michigan.gov/mdch](http://www.michigan.gov/mdch)).

## **National Prescription Programs**

### **1020 RX Prescription Plan**

330 East 63rd Street, Suite 1H  
New York, NY 10065  
Phone (800) 710-2079  
Web site: [www.1020rx.com](http://www.1020rx.com)

The 1020 RX Tiered Pricing Pharmacy Plan saves you money and takes the guess work out of paying for prescription medications. Our program segments brand name and generic drugs into three price classifications making it easy for you to consult with your health care provider to find the most effective medication at the lowest cost. Discounts also apply to drugs not listed in one of the following tiers, as well as, maintenance medications purchased through the mail order pharmacy program.

### **AARP Prescription Discount Program**

Phone: (800) 289-8849  
Web site: [www.aarp-pharmacy.com](http://www.aarp-pharmacy.com)

Find participating pharmacies, check drug costs, order mail service prescriptions and more through the program web site.

The AARP Prescription Discount Program was created to provide AARP members exclusive discounts on FDA-approved prescription medications and specialty drugs at participating retail network pharmacies.

Three methods to access this service:

- A prescription discount card will be sent to you automatically when you enroll in one of the AARP-branded health plans.
- Purchase a prescription discount card for an annual fee.
- Purchase your prescriptions through our mail-only service.

### **Abbott Patient Assistance Foundation**

PO Box 270  
Somerville, NJ 08876  
Phone: (800) 222-6885  
Web site: [www.abbottpatientassistancefoundation.org](http://www.abbottpatientassistancefoundation.org)

The Abbott Patient Assistance Foundation provides free Abbott medicines, medical nutritionals, and diabetes care products to qualified patients who are experiencing financial difficulties and who generally do not have coverage available for these products through private insurance or government funded programs.

### **ACCU-CHEK Patient Assistance Program**

Phone: (800) 858-8072  
Web site: [www.accu-chek.com/us/customer-care/patient-assistance-program.html](http://www.accu-chek.com/us/customer-care/patient-assistance-program.html)

Roche Diagnostics, the maker of ACCU-CHEK® Products, is committed to helping provide access to ACCU-CHEK blood glucose test strips for people with diabetes. If you don't have insurance coverage, or cannot afford test strips on your own, we may be able to help.

### **American Drug Club**

Phone: (866) 339-3356  
Fax: (866) 771-7703  
Email: [info@americandrugclub.com](mailto:info@americandrugclub.com)  
Web site: [www.americandrugclub.com](http://www.americandrugclub.com)

American Drug Club can help you save up to 90% on prescription drugs from Canada.

### **Benefits CheckUp**

A Service of the National Council on Aging  
Email: [comments@benefitscheckup.org](mailto:comments@benefitscheckup.org)  
Web site: [www.benefitscheckup.org](http://www.benefitscheckup.org)

If you have Medicare and have a limited income and resources, you may be able to get Extra Help paying for your Medicare prescription drug costs. Your income must be less than \$16,245 if single and \$21,855 if married and you must have resources less than \$12,510 if single and \$25,010 if married (Resource limits include a \$1,500 burial allowance (for singles) and a \$3,000 burial allowance (for couples)). If you qualify, you will have low or no deductible, low or no premiums, no coverage gap (also called the "donut hole"), and will pay much less for your prescriptions.

### **Bridges to Access**

P.O. Box 29038  
Phoenix, AZ 85038-9038  
Phone: (866) PATIENT (1-866-728-4368)  
Web site: [www.bridgestoaccess.com](http://www.bridgestoaccess.com)

Bridges to Access is GlaxoSmithKline's patient assistance program that provides GSK non-oncology medicines—at little or no cost—to qualified patients.

### **Caring Voice Coalition**

8249 Meadowbridge Road

Mechanicsville, VA 23116

Phone: (804) 427-6468

Toll Free: (888) 267-1440

Email: [CVCInfo@caringvoice.org](mailto:CVCInfo@caringvoice.org)

Web site: [www.caringvoice.org](http://www.caringvoice.org)

The Caring Voice Coalition Financial Assistance Program provides financial help to eligible patients. Caring Voice Coalition may pay a portion or a patient's entire share of cost under the patient's health insurance plan. A patient can receive financial support through one of the grants programs listed.

- Insurance premium assistance
- Insurance co-payment assistance
- Medicare prescription drug assistance

### **Chronic Disease Fund**

10880 John W. Elliott Drive, Suite 400

Frisco, TX 75034

Phone: (972) 712-0201

Toll Free: (877) 968-7233

Email: [info@cdfund.org](mailto:info@cdfund.org)

Web site: [www.cdfund.org](http://www.cdfund.org)

The Chronic Disease Fund is one of the few charitable organizations to provide direct and immediate financial assistance to underinsured patients with chronic disease, cancers or life-altering conditions who cannot afford the co-payments for the expensive medications they need.

Patients who cannot afford their medications must fight two battles— their disease and the financial burden it places on their families. Though most patients with chronic or life-altering diseases have private insurance or a Medicare Part D plan, it is estimated that over 35% still cannot afford the co-pays or deductibles for their medications.

### **Free National RX Card**

Phone: (877) 570-7593

Web site: [www.freenationalrxcard.com](http://www.freenationalrxcard.com)

It's Simple and It's Free to receive your RX drug discount card. You can print your free NationalRxCard today and begin saving on your prescription drugs immediately. One card may be used by all in the family, regardless of age.

### **FredoMed**

951 Broken Sound Parkway NW, Suite 250

Boca Raton, FL 33487

Phone: (888) 722-7556

Web site: <http://freedommedicalservices.com/ourservices.html>

Provides low cost or free diabetic supplies to diabetics who are eligible through Medicare or private insurance.

Diagnosis of diabetes; Must be insured; On Medicare or eligible for Medicare.

### **Generic Drugs - The Unadvertised Brand**

Web site: [www.theunadvertisedbrand.com](http://www.theunadvertisedbrand.com)

### **The HealthWell Foundation®**

P.O. Box 4133

Gaithersburg, MD 20878

Phone: (800) 675-8416

Fax: (800) 282-7692

Email: [info@healthwellfoundation.org](mailto:info@healthwellfoundation.org)

Web site: [www.healthwellfoundation.org](http://www.healthwellfoundation.org)

The HealthWell Foundation® is a 501(c) (3) non-profit organization established in 2003 to address the needs of individuals who cannot afford their insurance copayments, premiums, coinsurance, or other out-of-pocket health care costs for specific illnesses.

### **Merck Patient Assistance Program**

Merck & Co., Inc.

One Merck Drive

P.O. Box 100

Whitehouse Station, NJ 08889

Phone: (800) 727-5400

Web site: [www.merck.com/merckhelps/patientassistance/home.html](http://www.merck.com/merckhelps/patientassistance/home.html)

This private and confidential program provides medicine free of charge to eligible individuals, primarily the uninsured who, without our assistance, could not afford needed Merck medicines.

### **Nationwide Prescription Assistance**

P. O. Box 125

Doniphan, MO 63935-0125

Phone: (573) 996-3333

Web site: [www.freemedicine.com](http://www.freemedicine.com)

For individuals who are uninsured, under-insured, Medicare Part D prescription coverage.

### **National Organization for Rare Disorders (NORD)**

55 Kenosia Avenue  
PO Box 1968  
Danbury, CT 06813-1968  
Phone: (203) 744-0100  
Toll Free: (800) 999-6673 (voicemail only)  
TDD: (203) 797-9590  
Fax: (203) 798-2291  
Web site: [www.rarediseases.org](http://www.rarediseases.org)

The National Organization for Rare Disorders (NORD), a 501(c)3 organization, is a unique federation of voluntary health organizations dedicated to helping people with rare "orphan" diseases and assisting the organizations that serve them. NORD is committed to the identification, treatment, and cure of rare disorders through programs of education, advocacy, research, and service.

### **Needy Meds**

P.O. Box 63716  
Philadelphia, PA 19147  
Web site: [www.needymeds.com](http://www.needymeds.com)

NeedyMeds is a 501(3) (c) non-profit with the mission of helping people who cannot afford medicine or healthcare costs. The information at NeedyMeds is available anonymously and free of charge.

### **Partnership for Prescription Assistance**

Phone: (888) 477-2669  
Web site: [www.pparx.org](http://www.pparx.org)

The Partnership for Prescription Assistance brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that's right for them. Many will get them free or nearly free. Its mission is to increase awareness of patient assistance programs and boost enrollment of those who are eligible. Through this site, the Partnership for Prescription Assistance offers a single point of access to more than 475 public and private patient assistance programs, including more than 180 programs offered by pharmaceutical companies.

### **Patient Access Network Foundation**

PO Box 221858  
Charlotte, NC 28222  
Phone: (866) 316-PANF (7263)  
Email: [contact@patientaccessnetwork.org](mailto:contact@patientaccessnetwork.org)  
Web site: [www.panfoundation.org](http://www.panfoundation.org)

Patient Access Network (PAN) Foundation is an independent, not-for-profit established in 2004, dedicated to assisting patients who cannot afford the out-of-pocket costs associated with their treatment needs. With 20 disease-specific funds, PAN assists the underinsured in accessing health care treatments.

**Patient Advocate Foundation**

700 Thimble Shoals Boulevard  
Newport News, Virginia 23606  
Phone: (800) 532-5274  
Fax: (757) 873-8999  
Email: [help@patientadvocate.org](mailto:help@patientadvocate.org)  
Web site: [www.patientadvocate.org](http://www.patientadvocate.org)

Patient Advocate Foundation offers assistance to patients with specific issues they are facing with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening or debilitating diseases.

**Patient Advocate Foundation Co-Pay Relief**

700 Thimble Shoals Boulevard  
Newport News, Virginia 23606  
Phone: (757) 952-0118  
Fax: (757) 952-0119  
Toll Free: (866) 512-3861  
Web site: [www.copays.org](http://www.copays.org)

The Patient Advocate Foundation (PAF) Co-Pay Relief Program (CPR) currently assists insured patients who are financially and medically qualified and are being treated for breast, lung, prostate, kidney, colon, pancreatic, head/neck cancers, malignant brain tumor, sarcoma, diabetes, multiple myeloma, myelodysplastic syndrome (and other pre-leukemia diseases), osteoporosis, pain, hepatitis C, rheumatoid arthritis, selected autoimmune disorders and CIA/CIN.

**Patient Services Incorporated**

P.O. Box 1602  
Midlothian, VA 23113  
Phone: (800) 366-7741  
Email: [unneedpsi@unneedpsi.org](mailto:unneedpsi@unneedpsi.org)  
Web site: [www.unneedpsi.org](http://www.unneedpsi.org)

PSI is the "ground breaking" 501(c) (3) non-profit, charitable organization of its kind. For nearly two decades, PSI has helped people who live with certain chronic illnesses or conditions locate suitable health insurance coverage and access ways to satisfy expensive co-payments. PSI provides assistance with the cost of health insurance premiums associated with COBRAs, State High Risk Pools, Open enrollment, Guaranteed Issue policies, HIPAA conversion policies; and prescriptions co-payments associated with private insurance as well as with Medicare Parts B and D.

### **Pfizer Prescription Assistance**

Connection to Care

PO Box 66585

St. Louis, MO 63166-6585

Phone: 866-706-2400

Web site: <http://www.pfizerhelpfulanswers.com/pages/Find/FindAll.aspx>

The patient must have no prescription coverage for any medication and have an income at or below 200% of the Federal Poverty Level, adjusted for family size. Medical diagnosis necessary for this program is not specified. The patient must also reside in the US. This program has absorbed the medications on the former Wyeth PAP program. Those with insurance may qualify on hardship basis. For Lyrica only: the prescription and a copy of the patient's driver's license or other picture ID must be sent with the application.

### **Rx Hope**

P.O. Box 5836

Somerset, NJ 08875

Phone: (732) 507-7400

Fax: (732) 507-7600

Email: [CustomerService@RxHope.com](mailto:CustomerService@RxHope.com)

Web site: [www.rxhope.com](http://www.rxhope.com)

RxHope is exactly what its name implies...a helping hand to people in need in obtaining critical medications that they would normally have trouble affording. We act as your advocate in making the patient assistance program journey easier and faster by supplying vital information and help.

### **Rx Outreach**

PO Box 66536

St. Louis, MO 63166-6536

Phone: (800) 769-3880

Web site: [www.rxoutreach.org](http://www.rxoutreach.org)

Rx Outreach is an independent, non-profit charitable organization that is focused on making a sustainable difference on the healthcare landscape. Rx Outreach envisions that all individuals have access to affordable medications to preserve their quality of health.

You can use Rx Outreach regardless of your age or if you use another discount medicine program or patient assistance program. To use Rx Outreach, your income needs to be less than a certain amount of money each year. This amount differs depending on the number of financially dependent people living in your house.

### **Sanofi-Aventis U.S. Patient Assistance Program**

55 Corporate Drive

Bridgewater, NJ 08807

Phone: (800) 981-2491

Web site: <https://patientassistanceprogram.sanofi-aventis.us>

The Program was designed to assist U.S. patients with limited financial resources, gain access to needed Sanofi-Aventis medications. The Program has several product programs available that help make your Sanofi-Aventis medications affordable. In addition, the Program partners with other organizations such as the Partnership for Prescription Assistance.

### **Together Rx Access, LLC**

PO Box 9426

Wilmington, DE 19809-9944

Phone: (800) 444-4106

Web site: [www.togetherrxaccess.com](http://www.togetherrxaccess.com)

Thousands of eligible hardworking people with no prescription drug coverage are now saving on the medicines they need with the Together Rx Access® Card.

Most cardholders save 25%–40%\* on brand-name prescription products.

\*Each cardholder's savings depend on such factors as the particular drug purchased, amount purchased, and the pharmacy where purchased. Participating companies independently set the level of savings offered and the products included in the Program. Those decisions are subject to change.

### **USA Drug Plan**

Phone: (888) 311-6224

Web site: <http://freeusadrugplan.com/Tips.aspx>

USA Drug Plan offers substantial discounts on all brand-name and generic drugs. How substantial? On average members save 15% on brand drugs and 55% on generic drugs.

### **Xubex Patient Assistance Program**

PO Box 1244

Winter Park, FL 32790-1244

Phone: (866) 699-8239

Web site: [www.xubex.com/PAP.aspx](http://www.xubex.com/PAP.aspx)

Generic medications have not always been available through Patient Assistance Programs. Xubex now offers assistance to individuals for generic medications through its innovative program.

## **VISION SERVICES**

### **Detroit Library for the Blind and Physically Handicapped**

3666 Grand River Ave.

Detroit, MI 48208-2880

Phone: (313) 833-5686

Fax: (313) 833-5688

Web site: [www.detroit.lib.mi.us/douglass/douglass\\_index.htm](http://www.detroit.lib.mi.us/douglass/douglass_index.htm)



The LBPH collection is primarily a leisure collection of books on tape with adult and juvenile Bestsellers, Classics, Black History, and Old Time Radio Shows. It also includes Large Print books, regular print books and journals about disabilities, reference sources on the ADA, and self-instruction sign language video cassettes and CD-ROMs.

### **Greater Detroit Agency for the Blind & Visually Impaired (GDABV)**

16625 Grand River  
Detroit, MI 48227  
Phone: (313) 272-3900  
Fax: (313) 272-6893  
Email: [Information@gdabvi.org](mailto:Information@gdabvi.org)  
Web site: [www.gdabvi.org](http://www.gdabvi.org)

GDABVI offers community education programs on eye health and safety, summer programming for children and youth, and Accessible Computer Training at regional libraries for the blind.

### **Michigan Commission for the Blind**

3038 W. Grand Blvd., Suite 4-450  
Detroit, MI 48202-2038  
Phone: (313) 456-1646  
Toll Free: (800) 292-4200  
TTY: (888) 864-1212  
Web site: [www.michigan.gov/mcb](http://www.michigan.gov/mcb)

The mission of the MCB is to provide opportunities to individuals who are blind to achieve employability and/or function independently in society.

### **Wayne County Regional Library for the Blind and Physically Handicapped**

30555 Michigan Ave.  
Westland, MI 48186-5310  
Phone: (734) 727-7300  
Toll Free: (888) 968-2737  
Fax: (734) 727-7333  
Email: [wcrלבph@wayneregional.lib.mi.us](mailto:wcrלבph@wayneregional.lib.mi.us)  
Web site: [www.wayneregional.lib.mi.us](http://www.wayneregional.lib.mi.us)

### **State of Michigan Vision Resources**

#### **Leader Dogs for the Blind**

1039 S. Rochester Rd.  
Rochester, MI 48307  
Phone: (248) 651-9011  
Toll Free: (888) 777-5332  
Email: [leaderdog@leaderdog.org](mailto:leaderdog@leaderdog.org)  
Web site: [www.leaderdog.org](http://www.leaderdog.org)

### **Paws With a Cause**

1349 Piedmont  
Troy MI 48083  
Phone: (248) 619-9201  
Fax: (248) 619-9204  
Web site: [www.pawswithacause.org](http://www.pawswithacause.org)

Paws With A Cause is a non-profit organization that serves people with disabilities through custom-trained Assistance Dogs. As we value the strength diversity brings to the workplace, PAWS is committed to the recruitment, retention and development of a workforce that reflects the diverse society in which we live.

### **National Vision Programs**

#### **New Eyes for the Needy**

549 Millburn Ave.  
PO Box 332  
Short Hills, NJ 07078  
Phone: (973) 376-4903  
Fax: (973) 376-3807  
Web site: [www.neweyesfortheneedy.org](http://www.neweyesfortheneedy.org)

To be eligible for our program, applicants must:

- Be in financial need.
- Have had a recent eye exam. New Eyes does not pay for eye exams.
- Have no other resources available to them to pay for glasses.

#### **Unite for Sight**

234 Church St., 4th Floor  
New Haven, CT 06510  
Email: [ufs@uniteforsight.org](mailto:ufs@uniteforsight.org)  
Web site: [www.uniteforsight.org](http://www.uniteforsight.org)

University chapter volunteers provide visual acuity screenings and match those screened with free health coverage so that they can receive a complete eye exam by an eye doctor.

#### **Vision USA**

243 North Lindbergh Blvd.  
St. Louis, MO 63141  
Phone: (800) 766-4466  
Fax: (314) 991-4101  
Email: [visionusa@aoa.org](mailto:visionusa@aoa.org)  
Web site: <http://aoa.org/visionusa.xml>

Free eye care program for working individuals who do not have vision insurance.

## HOUSING

An assisted living facility combines residential housing, personalized support services and health care for people who need some help with daily living activities. While there is no state certification or definition, assisted living facilities generally offer services on a scale between independent living and nursing care.

### **ADULT FOSTER CARE/ HOMES FOR THE AGED**

Addington Place

42010 W. Seven Mile

Northville, MI 48167

Phone: (248) 305-9600

40 units; accepts dementia patients, Private pay.

American Heritage

23206 Sibley

Brownstown, MI 48174

Phone: (734) 284-4965

Angel Gardens Assisted Living

38910 Six Mile Road

Livonia, MI 48152

Phone: (734) 464-2772

Arden Courts of Livonia

32500 Seven Mile Road

Livonia, MI 48152

Phone: (248) 426-7055

Memory care residence 60 units, private pay, temporary respite

Beechwood Living Center

10470 Beech Daly Road

Taylor, MI 48180

Phone: (313) 292-6690

Berkley Court of Livonia

32406 7 Mile Rd.

Livonia, MI 48152

Phone: (248) 442-7780

Brighton Gardens of Northville

15870 Haggerty Road

Northville, MI 48170

Phone: (734) 420-7917

120 units, private pay, temporary respite

Brownstown Forest View Assisted Living

19341 Allen Rd.

Brownstown, MI 48183

Phone: (734) 675-2700

Carnegie Home

4082 Carnegie

Wayne, MI 48184

Phone: (734) 595-0319 or (734) 973-7764

Cedar Woods Assisted Living

44401 South I-94 Service Drive

Belleville, MI 48111

Phone: (734) 699-2900

212 units, 23 dementia units, Private pay, SSI

Coach Stop Manor

2003 W. Jefferson

Trenton, MI 48183

Phone: (734) 692-0564

Crystal Creek Assisted Living

8121 Lilley Road

Canton, MI 48187

Phone: (734) 453-3203

Florence Manor

30834 Florence St.

Garden City, MI 48135

Phone: (248) 569-1040 or (248) 569-1040

Grand Traverse Home  
31755 Grand Traverse  
Westland, MI 48185  
Phone: (734) 728-5887 or (734) 973-7764

Ivy Cottage  
32151 Cherry Hill Road  
Westland, MI 48186  
Phone: (734) 762-8885 or (734) 728-5222

Elmcroft of Downriver  
19697 Allen Road  
Brownstown, MI 48183  
Phone: (734) 479-0437

81 units, 3 dementia units, private pay

Henry Ford Village  
Renaissance Gardens  
15101 Ford Road  
Dearborn, MI 48126  
Phone: (313) 584-1000

96 units, private pay, temporary respite

Hidden Treasure Residential Care  
48880 Wear  
Belleville, MI 48111  
Phone: (734) 461-1968

Homestead Residence  
15475 Pardee Road  
Taylor, MI 48180  
Phone: (734) 374-9660 or (734) 973-7764

Jenkins Manor  
19353 Antago  
Livonia, MI 48152  
Phone: (313) 354-8478 or (734) 973-7764

Kamman Home  
36108 Ford Road  
Westland, MI 48185  
Phone: (734) 595-7023 or (734) 973-7764

Kean Home  
26645 Kean Street  
Inkster, MI 48141  
Phone: (313) 562-6361

Kevdaco Westland I  
1900 Martin Street  
Westland, MI 48185  
Phone: (248) 569-1040 or (734) 326-7104

Kevdaco Westland II  
1950 Martin Street  
Westland, MI 48185  
Phone: (248) 569-1040

Lehigh Home  
26726 Lehigh  
Inkster, MI 48141  
Phone: (313) 562-6361

Loving Care Residential Assisted Living  
31704 Marigold Dr.  
Brownstown MI, 48173  
Phone: (734) 348-6006

Lillian Manor  
25821 King Road  
Brownstown Twp., MI, 48174  
Phone: (734) 782-1123 or (734) 973-7764

Lutheran Home-Livonia  
28910 Plymouth Road  
Livonia, MI 48150  
Phone: (734) 425-4814

20 units, private pay, Alzheimer's or dementia accepted, temporary respite

Manoogian Manor  
15775 Middlebelt  
Livonia, MI 48154  
Phone: (734) 522-5780

75 units, private pay, SSI

Marybrooke Residence  
23201 Gibraltar Road  
Flat Rock, MI 48134  
Phone: (734) 782-0015

Mary Frances Residence  
2533 Biddle  
Wyandotte, MI 48192  
Phone: (734) 281-3571 or (734) 973-7764

Mary Rose Residence  
22293 Sibley Road  
Brownstown, MI, 48192  
Phone: (734) 479-4652 or (734) 973-7764

Marquette House  
36000 Campus Drive  
Westland, MI 48185  
Phone: (734) 326-6537

98 units, private pay, temporary respite

Michigan Assisted Living Assoc.  
15441 Middlebelt  
Livonia, MI 48154  
Phone: (800) 482-0118

Mortenview AFC Home  
8734 Mortenview  
Taylor, MI 48180  
Phone: (313) 291-9425

Mother Cabrini #2  
6330 McGuire  
Taylor, MI 48180  
Phone: (734) 973-7764 or (313) 216-7987

Mother Cabrini #3  
13550 Catalpa St.  
Southgate, MI 48146  
Phone: (734) 973-7764 or (734) 225-4044

Mother Cabrini #4  
7875 Pelham Rd.  
Allen Park, MI 48101  
Phone: (313) 216-7988 or (734) 973-7764

Plymouth Inn  
205 Haggerty Road  
Plymouth, MI 48170  
Phone: (734) 451-0700

50 units, private pay, temporary respite

Saint Tansi Home  
1380 Council  
Lincoln Park, MI 48146  
Phone: (313) 381-3100 or (734) 973-7764

Southgate Adult Care  
15632 Susan Street  
Southgate, MI 48195  
Phone: (734) 284-7654

Sunrise Assisted Living-Northville  
16100 Haggerty Road  
Northville, MI 48170  
Phone: (734) 420-4000

70 units, private pay, temp respite

Sunshine Home Care  
20000 Vining  
New Boston, MI 48164  
Phone: (734) 753-2200

Village of Redford  
25330 West 6 Mile  
Redford, MI 48240  
Phone: (313) 531-6874

144 units, 32 dementia units, private pay,  
temporary respite

Walker Street Home  
4646 Walker  
Wayne, MI 48184  
Phone: (734) 641-2020 or (734) 973-7764

Waltonwood at Carriage Park  
2000 N. Canton Center Road  
Canton, MI 48187  
Phone: (734) 844-3060

Woodhaven Senior Residence  
21071 Tiffany Dr.  
Trenton, MI 48183  
Phone: (734) 493-3329

Woodhaven Retirement Community  
29667 Wentworth  
Livonia, MI 48154  
Phone: (734) 261-9000

80 units, private pay

Wynwood of Northville  
40405 Six Mile Road  
Northville, MI 48167  
Phone: (734) 420-6104

62 units, private pay.

## **RETIREMENT COMMUNITIES**

American House Dearborn Heights  
26600 Ann Arbor Trail  
Dearborn Heights, MI 48127  
Phone: (313) 278-6430

Independent and assisted apartments.  
Private pay, some services

American House Livonia II  
11525 Farmington Road  
Livonia, MI 48150  
Phone: (734) 425-3050

87 units, some services, private pay and  
Medicaid waiver

American House Riverview  
20300 Fort Street  
Riverview, MI 48192  
Phone: (734) 479-1010

150 units, some services, private pay,  
temporary respite, pets welcome

American House Southland  
25250 Eureka  
Taylor, MI 48180  
Phone: (734) 946-9900

138 units, some services, temporary respite,  
small pet welcome

American House Westland Hunter  
35700 Hunter Avenue  
Westland, MI 48185  
Phone: (734) 728-8670

90 units, some services, temporary respite,  
private pay, small pets welcome

American House Westland Joy  
39201 Joy Road  
Westland, MI 48185  
Phone: (734) 468-1113

81 units, some services, temporary respite

American House Westland Venoy  
1660 Venoy Road  
Westland, MI 48185  
Phone: (734) 326-7777

88 units, some services, temporary respite,  
small pets welcome, private pay

Atria Kinghaven  
14800 King Road  
Riverview, MI 48192  
Phone: (734) 479-5900

143 units, some services, temporary respite,  
pets welcome

The Bellaire  
12621 Hale  
Riverview, MI 48192  
Phone: (734) 283-8000

85 units, some services, temporary respite,  
assisted living

Coach Stop Manor  
2003 Jefferson  
Trenton, MI 48183  
Phone: (734) 692-0564

6 beds private pay

Henry Ford Village  
15101 Ford Rd.  
Dearborn, MI 48126  
Phone: (800) 569-0808 or (313) 584-1000

89 Asst. units, 96 skilled units, Medicare & private pay

Hubbard Manor East  
5500 Calhoun  
Dearborn, MI 48124  
Phone: (313) 943-4085

137 units, no pets, income guidelines

Hubbard Manor West  
22077 Beech  
Dearborn, MI 48132  
Phone: (313) 943-4086

214 units, no pets, income guidelines

Independence Village of Plymouth  
14707 Northville Rd  
Plymouth, MI 48170  
Phone: (800) 803-5811

Island Woods Senior Apartments  
8800 Macomb  
Grosse Ile, MI 48138  
Phone: (734) 676-8029

Maple Heights Retirement Community  
4600 Allen Road  
Allen Park, MI 48101  
Phone: (313) 383-6226

145 units, some services, temporary respite

Maple Manor  
3999 Venoy  
Wayne, MI 48184  
Phone: (734) 727-0440

62 units, some services, private pay, no pets

Meadows of Southgate 1 & 2  
16201 Allen Road  
Southgate, MI 48195  
Phone: (734) 282-0000

200 units, income limitations, some services, small pets under 20 lbs. welcome

Meadows of Livonia  
28811/28815 Jamison  
Livonia, MI 48154  
Phone: (734) 522-1151

166 units, small dogs & cats only, some recreation services, private pay

Minock Meadows Apartments  
26600 Schoolcraft  
Redford, MI 48239  
Phone: (313) 255-4343

91 units, no pets, Redford residents only, private pay

Oakmont Livonia  
14265 Middlebelt  
Livonia, MI 48154  
Phone: (734) 261-2884

114 units, some services, temporary respite  
Oakmont Northville  
42000 7 Mile Road  
Northville, MI 48167  
Phone: (248) 449-1480

126 units, pets allowed under 20 lbs., some services by a medical team

Oakwood Commons  
16351 Rotunda Drive  
Dearborn, MI 48120  
Phone: (800) 642-4668

Independent, assisted and Alzheimer's units,  
private pay

Plymouth Park Apartments  
107 Haggerty  
Plymouth, MI 48170  
Phone: (734) 459-3891

70 units, pet allowed under 25 lbs., some  
services

Sanctuary at Maryhaven  
11350 Reeck Road  
Southgate, MI 48195  
Phone: (734) 287-2111

82 units, some services, temporary respite

Sanctuary at Villa Marie  
15131 Newburgh Road  
Livonia, MI 48154  
Phone: (734) 464-9494

73 units, no pets, some services

Silver Village  
33780 Lyndon  
Livonia, MI 48154  
Phone: (734) 421-6050

108 units, income limitations, Livonia  
residents only

Village of Redford  
25330 West 6 Mile  
Redford, MI 48240  
Phone: (313) 531-6874

Victoria Square  
1300 Electric  
Lincoln Park, MI 48146  
Phone: (313) 381-0880

86 units, income guidelines, pets allowed

Village of Westland  
32001 Cherry Hill  
Westland, MI 48186  
Phone: (734) 728-5222

189 units, 2 cottages – 20 rooms, some  
services, temporary respite, small pets,  
private pay

Waltonwood of Carriage Park  
2250 N. Canton Center Road  
Canton, MI 48188  
Phone: (734) 844-3060

90 units, some services

Waltonwood at Cherry Hill  
42600 Cherry Hill Road  
Canton, MI 48187  
Phone: (734) 981-7100

144 units, pets allowed, some services,  
temporary respite

Westhaven Manor  
34601 Elmwood  
Westland, MI 48186  
Phone: (734) 729-3690

M-F 9:00 a.m. – 6:00 p.m., Sat. 10-4  
Age 55, 144 units, some services, private  
pay, low income rentals available, pet  
welcome

Woodhaven Retirement Community  
29667 Wentworth St.  
Livonia, MI 48154  
Phone: (734) 261-9000



## **KINSHIP PROGRAMS**

### **Adult Well-Being Services**

Grandparents Raising Grandchildren

7737 Kercheval

Detroit, MI 48214

Phone: (313) 925-1135

Web site: <http://www.awbs.org>

Grandparents as Caregivers Training Program offers workshops addressing the caregiving concerns of grandparents who have the primary caregiving responsibilities for their grandchildren. Services include information and referral, periodic educational series on the issues grandparents face, and monthly support groups for grandparents. An AWBS booklet entitled A Grandparents Guide to Raising Grandchildren@ for Wayne County can lead grandparents through many of the common challenges such as finding help with expenses, food, healthcare and legal advice.

### **Grandparents Caring for Grandchildren Program**

Elder Law Center

Wayne County Neighborhood Legal Services

Phone: (313) 937-8291

Email: [lwhite@wcnl.org](mailto:lwhite@wcnl.org)

Service area: Wayne County except Detroit and Eastside

Legal assistance for grandparents raising grandchildren (age 60 or above)

### **Grandparents Raising Grandchildren Support Group**

Aquinas Center (Southgate Head Start site) Room 143

15601 Northline Rd.

Southgate, MI 48195

Phone: (734) 785-7705 ext. 7199

A Special Meeting for Grandparents Raising Grandchildren (also open to Relative Providers)

- \* Foster Grandparenting vs. Guardianship?
- \* Financial options for seniors/relatives?
- \* Support services for families?
- \* Legal issues?
- \* Medical assistance?
- \* Personal counseling?
- \* Utility assistance?
- \* Recreational activities?
- \* Would you just like to talk with other grandparents in situations similar to yours?

### **Health Insurance**

Contact: (888) 988-6300

Web: <http://www.michigan.gov/mdch>

\*Grandparents and other relative caregivers may apply for free or low-cost health insurance on behalf of the children they are raising through Healthy Kids or MICHild. In some cases, caregivers may also be eligible for free coverage under Medicaid. Children receiving assistance through a Child Only Grant are automatically eligible for health coverage through Healthy Kids.

### **Kinship Care Resource Center**

Michigan State University

School of Social Work at MSU

254 Baker Hall

East Lansing, MI 48824

Phone: (517) 355-9600

Toll Free: (800) 535-1218

Fax: (517) 353-3038

Email: [kinship@msu.edu](mailto:kinship@msu.edu)

Web site: <http://kinship.msu.edu>

The Kinship Care Resource Center is a non-profit statewide organization through the School of Social Work at Michigan State University. The center is proud to provide a centralized location in Michigan where relative caregivers for children and professionals can receive assistance.

The mission of the Kinship Care Resource Center is to provide support for the physical, emotional, cultural, and social well-being of kinship families in the state of Michigan.

### **Kinship Update Newsletters**

Contact: Helene Ellis

Phone: (517) 256-3277

Email: [hellis7@msn.com](mailto:hellis7@msn.com)

Web: <http://www.kincare.blogspot.com>

\*Newsletter with information on activities, program updates, opportunities for conferences and funding. Available statewide

### **Legal Hotline for Michigan Seniors**

Phone: (800) 347-5297

Service area: Statewide

Services offered:

\*Free legal advice on kinship care issues for residents 60 years and older

### **Neighborhood Legal Services of Michigan**

Elder Law & Advocacy Center  
12121 Hemingway  
Redford, MI 48239  
Phone: (313) 937-8291

Offer legal assistance to Kinship Caregivers.

### **Orchard's Childrens Services**

18100 Meyers Rd.  
Detroit, MI 48235  
Phone: (313) 340-0497

Provides case management, educational and support groups, and respite care for kinship caregivers of children in Wayne County.

## **LEGAL ASSISTANCE**

### **Arab Community Center for Economic and Social Services (ACCESS)**

6451 Schaefer  
Dearborn, MI 48126  
Phone: (313) 945-8167  
Web site: [www.accesscommunity.org](http://www.accesscommunity.org)

The Legal Aid and Defenders Association (LADA) outreaches to our East Dearborn location to provide free legal aid (civil legal services) once a week to low-income households.

### **American Civil Liberties Union Fund of Michigan**

2966 Woodward Ave.  
Detroit, MI 48201  
Phone: (313) 578-6800  
Web site: [www.aclumich.org](http://www.aclumich.org)

- Constitutional Issues
- Freedom of Speech
- Due Process
- Privacy

### **Community Legal Resources**

615 Griswold, Suite 1805  
Detroit, MI 48226  
Phone: (313) 962-3171  
Fax: (313) 962-0797  
Email: [info@clronline.org](mailto:info@clronline.org)  
Web site: [www.clronline.org](http://www.clronline.org)

Community Legal Resources, with the assistance of private attorneys, provides pro bono legal representation to Michigan nonprofit organizations that are working with disadvantaged communities and individuals and are unable to pay for traditional legal services.

**First Step Legal Advocacy Project**

44567 Pinetree Drive  
Plymouth, MI 48170  
Phone: (734) 416-1111  
Toll Free: (888) 453-5900  
Fax: (734) 416-5555

4400 S. Venoy  
Wayne, MI 48184  
Phone: (734) 722-1772  
24 Hour Help Line: (888) 453-5900  
24 Hour Help Line: (734) 722-1772 (Local)

27150 Westfield  
Redford, MI 48239  
Phone: (313) 937-9791

First Step Legal Advocacy Project provides services in the following legal areas:

- Domestic violence
- Sexual assault

**Free Legal Aid Clinic (FLAC)**

5435 Woodward Ave.  
Detroit, MI 48202  
Phone: (313) 833-0058  
Fax: (313) 577-3728  
Email: [flac@wayne.edu](mailto:flac@wayne.edu)  
Web site: [www.detroitflac.com](http://www.detroitflac.com)

Monday–Friday Services: Wayne State Law Students, guided by supervising attorneys, represent clients in civil, administrative and criminal misdemeanor matters, including welfare matters and limited domestic relations. Eligibility: Wayne County residents; low income, telephone & walk–ins.

**Freedom House**

2630 W. Lafayette Blvd.  
Detroit, MI 48216  
Phone: (313) 964-4320  
Email: [info@freedomhousedetroit.org](mailto:info@freedomhousedetroit.org)  
Web site: [www.freedomhousedetroit.org](http://www.freedomhousedetroit.org)

The legal services office of Freedom House represents indigent asylum seekers in the United States. This includes:

- Determining if they are eligible for asylum and whether we can help them.
- Preparing and filing an application for asylum for them with the U.S. Government.
- Representing persons at their initial interview with an asylum officer.
- Representing persons in court at their asylum hearing.

**International Institute of Metropolitan Detroit (IIMD)**

111 E. Kirby  
Detroit, MI 48202  
Phone: (313) 871-8600  
Fax: (313) 871-1651  
Web site: [www.iimd.org](http://www.iimd.org)

As a non-profit organization, IIMD has proudly served various ethnic communities within the tri-county area for decades. While we place emphasis on assisting the underrepresented families, our immigration legal service assists all individuals in achieving their immigration goals.

IIMD immigration attorneys are fluent in Spanish and Mandarin Chinese.

**Latin Americans for Social and Economic Development (LASED)**

4138 W. Vernor Hwy.  
Detroit, MI 48209-2145  
Phone: (313) 554-2025  
Web site: [www.lasedinc.org](http://www.lasedinc.org)

- Employment
- Social Security
- Immigration
- Translation of Birth and Marriage Certificates

**Legal Aid and Defender Association, Inc.**

Web site: [www.ladadetroit.org](http://www.ladadetroit.org)

613 Abbott St.  
Detroit, MI 48226  
Phone: (313) 967-5555  
Toll Free: (877) 964-4700  
Fax: (313) 962-0747

Client Service Center  
1240 Third St.  
Detroit, MI 48226  
Phone: (313) 967-5800

Legal Aid and Defender Association, Inc represents low and moderate income residents of Macomb, Oakland and Wayne counties, including the City of Detroit, in civil legal matters.

We also represent low- and moderate-income people accused of state criminal offenses in Wayne County Circuit Court and federal criminal offenses in U.S. District Court for the Eastern District of Michigan.

**Michigan Legal Services (MLS)**

220 Bagley, Suite 900

Detroit, MI 48226

Phone: (313) 964-4130

Fax: (313) 964-1192

Web site: [www.milegalservices.org](http://www.milegalservices.org)

Michigan Legal Services is a nonprofit legal services organization dedicated to eliminating systemic causes of poverty in the areas of housing, health, public benefits, and community economic development through impact-oriented legal services and support for community organizations engaged in efforts to rebuild low-income communities.

**Neighborhood Legal Services**

Web site: [www.nlsmichigan.org](http://www.nlsmichigan.org)

Disability Advocacy & Legal Advocacy

104 Lothrop Ave., Suite B

Detroit, MI 48202

Phone: (313) 874-5820, Ext. 200 or 211

Fax: (313) 874-5497

Toll Free: (877) SSI-UWIN

Downtown Detroit Management and Housing Advocacy

(In friendly cooperation with Jewish Vocational Services, Inc)

455 Fort St., 2nd Floor

Detroit, MI 48226

Phone: (313) 964-1975

Fax: (313) 963-2584

New Center Client Service Center

General Practice Services for Workers/Retirees

104 Lothrop Ave.

Detroit, MI 48202

Phone: (313) 874-5820, Ext. 200 or 201

Fax: (313) 874-5497

Toll Free: (877) 774-8946

**Western Wayne Housing Advocacy**  
(In friendly cooperation with the City of Redford)  
12121 Hemingway  
Redford, MI 48229  
Phone: (313) 937-8291  
Fax: (313) 937-8893

**Society of St. Vincent de Paul**  
Christian Legal Aid  
3000 Gratiot Ave.  
Detroit, Michigan 48207  
Toll free: (877) ST VINCENT (877-788-4623)  
Phone: (313) 393-2930  
Fax: (313) 393-2978  
Web site: [www.svdpdet.org](http://www.svdpdet.org)

Christian Legal Aid of Southeast Michigan provides free legal counsel and referral.

**Sugar Law Center for Economic and Social Justice**  
4605 Cass Ave., Second Floor  
Detroit, MI 48201  
Phone: (313) 993-4505  
Fax: (313) 887-8470  
Web site: [www.sugarlaw.org](http://www.sugarlaw.org)

We provide legal advocacy, representation, education and technical support to empower community groups, workers' rights groups and individuals seeking systemic change toward economic and social justice.

**University of Detroit Mercy Law School**  
Urban Law Clinic  
651 E. Jefferson  
Detroit, MI 48226  
Phone: (313) 596-0200  
Web site: [www.law.udmercy.edu](http://www.law.udmercy.edu)

Services: U of D law students supervised by practicing attorneys, represent persons in general civil and minor criminal matters and juvenile cases.

**William Booth Legal Aid Clinic**  
Salvation Army Harbor Light  
3737 Lawton St.  
Detroit, MI. 48208  
Phone: (313) 361-6340

The William Booth Legal Aid Clinic provides legal services to Harbor Light clients as well as to low-income individuals residing in the metro Detroit area. The legal staff consists of licensed practicing lawyers and senior law students who are able to represent clients in court proceedings. Some of the cases handled by the WBLAC include, but are not limited to, divorce, custody issues, landlords / tenant disputes, client advocacy and social security and disability issues.

## **Statewide Programs**

### **Elder Law of Michigan**

3815 West St. Joseph Suite C-200

Lansing, MI 48917

Toll Free: (866) 400-9164

Fax: (517) 372-0792

Email: [info@elderlawofmi.org](mailto:info@elderlawofmi.org)

Web site: [www.elderlawofmi.org](http://www.elderlawofmi.org)

Elder Law of Michigan operates a special telephone hotline that the public can use to speak with an attorney about issues affecting older adults and their caregivers. Typical topics include: wills; probate; Medicare/Medicaid; Social Security; consumer fraud; pension rights; kinship care; tax issues; bankruptcy/debtor protection; and medical rights/billing. Attorneys provide information and advice but not legal representation.

### **Michigan Indian Legal Services**

814 S. Garfield Ave.

Traverse City, MI 49686-3430

Toll Free: (800) 968-6877

Web site: [www.mils3.org](http://www.mils3.org)

Michigan Indian Legal Services provides civil legal services to low income Indian individuals and tribes to further self sufficiency, overcome discrimination, assist tribal governments and preserve Indian families.

### **Michigan Protection & Advocacy Service, Inc.**

4095 Legacy Parkway, Suite 500

Lansing, MI 48911

Phone: (517) 487-1755

Toll Free: (800) 288-5923

Fax: (517) 487-0827

Email: [molson@mpas.org](mailto:molson@mpas.org)

Web site: [www.mpas.org](http://www.mpas.org)

People with disabilities have to deal with a wide variety of issues. We try to answer any questions you may have relating to disability. We have experience in the following areas: discrimination in education, employment, housing, and public places; abuse and neglect; Social Security benefits; Medicaid, Medicare and other insurance; housing; Vocational Rehabilitation; HIV/AIDS issues; and many other disability-related topics.



## **Michigan Welfare Rights Organization (MWRO)**

23 E. Adams, 4th Floor  
Detroit, MI 48226  
Phone: (313) 964-0618  
Fax: (313) 964-2600  
Email: [info@mwro.org](mailto:info@mwro.org)  
Web site: [www.mwro.org](http://www.mwro.org)

The Michigan Welfare Rights Organization is the union of public assistance recipients and low-income workers in this state. Our goal is to organize recipients and low-income workers to fight for our rights, to eliminate poverty in this country and to build an army prepared to battle for the economic and human rights of millions of disenfranchised Americans.

## **SENIOR CENTERS**

### **Allen Park**

15800 White St.  
Allen Park, MI 48101  
Phone: (313) 928-0770  
Phone: [www.cityoffallenpark.org/recreation-senior-program.php](http://www.cityoffallenpark.org/recreation-senior-program.php)

Senior Program for persons age 50 and over! Registration in the program is available to Allen Park residents for only \$9 per year and is simple, fast, and easily done either in person at the Parks/Recreation Office located at 15800 White St, Allen Park or by calling 313.928.0770. A Senior Program staff member will happily answer your questions. Office hours are Monday through Friday from 8:30 a.m. to 4:30 p.m.

Services available are:

Free Blood Pressure Testing, Foot Care, Tax assistance, Lunch Program (Homebound and on-site), Flu Shot Clinic, AARP 55 Alive Drivers Refresher Course, Monthly Seminars, Senior Newsletter, Information, and Referrals.

### **Brownstown**

21311 Telegraph Rd.  
Brownstown Township, MI 48183  
Phone: (734) 675-0920

The Brownstown Senior Community Center offers a wide variety of activities for seniors on a daily basis. The Senior Nutrition Program, Health, Education and Enrichment Programs are conducted at the Center on an ongoing basis. The Center is open Monday through Friday from 8:00 AM to 4:30 PM. Below is a listing of the dates and times of ongoing programs. For more information contact the Recreation Department

### **Canton Senior Services**

46000 Summit Parkway  
Canton, MI 48188  
Phone: (734) 394-5485  
Web site: <http://leisure.canton-mi.org/seniors.aspx>

The Senior Adult Program is located in the Parkview Room of Summit on the Park Community Center. Residents 55 and older are served by a variety of social, enrichment and service-based programs, classes and special events, as well as extensive information and referral services. The Senior Center has a large screen TV, two pool tables, a computer center, comfortable seating areas, bookcases and tables and chairs suitable for playing cards, creating crafts or simply to read the newspaper.

### **Dearborn Senior Services**

15801 Michigan Ave  
Dearborn, MI 48126  
Phone: (313) 943-2412  
Email: [seniors@dearbornfordcenter.com](mailto:seniors@dearbornfordcenter.com)  
Web site: [www.dearbornfordcenter.com/seniors](http://www.dearbornfordcenter.com/seniors)

Senior services include physical activities such as swimming and walking, crafts like knitting and sewing, support groups and health clinics. A Meals on Wheels program is offered. Volunteers are welcome at the center. The city also offers several low- to moderate-income housing facilities for seniors. Call (313) 943-2390 for more information.

### **Dearborn Heights Senior Centers**

Berwyn Senior Center  
26155 Richardson  
Dearborn Heights, MI 48127  
Phone: (313) 791-3550

Eton Senior Center  
4900 Pardee  
Dearborn Heights, MI 48125  
Phone: (313) 277-7765

The city's senior centers offer a variety of activities and events, including library services, quilting and upholstery classes, blood pressure readings and Meals on Wheels.

### **Ecorse Senior Center**

4072 W. Jefferson Ave.  
Ecorse, MI 48229  
Phone: (313) 382-3305  
Web site: <http://ecorsemi.gov/Departments/SeniorCenter.asp>

The Birthday Club meets at 12:30 p.m. the third Tuesday of the month. The center itself is open from 8 a.m. to 4 p.m. weekdays. Sewing is offered from 10 a.m. to 1 p.m. Thursdays; and arts and crafts, from noon to 3 p.m. Wednesdays. Hot lunches are served at 11:30 a.m. weekdays, and a Meals on Wheels program is offered to the homebound. A senior bus also is available to transport seniors to doctors' appointments.

### **Flat Rock Community Center**

1 Maguire St.  
Flat Rock, MI 48134  
Phone: (734) 379-1450, ext. 224

- Pool Table
- Card Games
- Senior Drop-In Fitness
- Chair Exercises
- FREE Blood Pressure Checks
- Senior Lunches
- Flat Rock Christmas Gathering
- Flu Vaccine Clinic
- Legal Assistance for seniors
- Medicare Open Enrollment

### **Gibraltar Community Center**

29340 S. Gibraltar Rd.  
Gibraltar, MI 48173  
Phone: (734) 671-1466  
Web site: [www.cityofgibraltar.net/seniors.htm](http://www.cityofgibraltar.net/seniors.htm)

The Gibraltar Over 50 Club: The Gibraltar Over 50 Club meets on the second and last Friday of every month at the Community Center at 7:00 p.m. Residents 50 years or older are welcome to join. Come join the fun, social activities, and trip planning. For more information please call (734) 671-1466. Assistance with minor home repairs is available to Senior Citizens and low-income residents who qualify. For more information, please call (734) 676-3952.

### **Grosse Ile Senior Services**

25215 West River Road  
Grosse Ile, MI 48138  
Phone: (734) 675-2364

The Recreation Department offers year-round programs and services, including special events, holiday dinners, card parties, health and fitness classes, Meals on Wheels and van service for essential errands. The Grosse Ile Senior Citizens Club meets at 11:30 a.m. on the second and fourth Tuesdays of the month at the Centennial Farm Activity Center, 25797 Third St. Coffee and desserts are provided for a nominal fee.

### **Huron Township Senior Center**

28245 Mineral Springs Road  
New Boston, MI 48164  
Phone: (734) 654-9281  
Email: [huronseniors@yahoo.com](mailto:huronseniors@yahoo.com)

Call for more information.

### **Lincoln Park Senior Center**

3250 Ferris  
Lincoln Park, MI 48146  
Phone: (313) 386-1817

Offerings include transportation, referrals, nutrition and Meals on Wheels, parties, cards, senior food co-op, medical screenings, information, tax help, exercises, dance and craft classes. The nutrition program is offered weekdays for a small cost. Call 1-313-386-2641 between 9 and 11 a.m. for more information or to make a reservation. Four clubs meet in the city. They are the Young at Heart, which meets on Mondays; Friendship Club, Tuesdays; Happy Hours, Wednesdays; Jolly Bunch, Thursdays; and drop-in day, featuring euchre and pinochle, Fridays.

### **Melvindale Senior Citizen Center**

4300 S. Dearborn St.  
Melvindale, MI 48122  
Phone: (313) 429-1089  
Web site: [www.melvindale.org/community/senior-community-center](http://www.melvindale.org/community/senior-community-center)

Located in the Melvindale Civic Arena, the Senior Citizen Center is open from 9 a.m. to 3 p.m. weekdays. The center serves as a social club for those 60 and older. Special events include birthday parties and shopping expeditions. A number of daily activities are planned and a monthly calendar is available at the center. Commodities are distributed each month at the center. The city transports senior citizen residents who do not have transportation to the Senior Citizen Center, banks, doctors' offices and grocery shopping, among other places. The rides are provided by a SMART connector bus and two SMART vans, for a minimal charge. All vehicles are handicap accessible.

### **River Rouge Senior Activity Center**

10625 W. Jefferson Ave.  
River Rouge, MI 48218  
Phone: (313) 842-3360

Residents 60 and older can take advantage of programs at the center, typically open for socializing from 9 a.m. to 1 p.m. weekdays. A van offers transportation to and from the senior center and to meet special needs within the community at no cost. Meals also are served, beginning at 11:30 a.m. weekdays at the activity center, and also are delivered to the city's homebound. Reservations are necessary. It is not an income-based program.

### **Riverview Senior Services**

14100 Civic Park Drive  
Riverview, MI 48193  
Phone: (734) 281-4219  
Web site: [www.cityofriverview.com](http://www.cityofriverview.com)

Those 55 and older and their spouses (regardless of age) make up the 400-member Riverview senior group. Depending on the weather, golf is the activity Mondays, club day is Tuesdays, bingo is Thursdays and men's activities are scheduled Mondays and Fridays. Trip programming also is available. Cab service is available for those 60 and older unable to drive or without transportation. The nutrition program offers lunch at 11:15 a.m. weekdays. Reservations must be made at least 24 hours in advance.

### **Rockwood Senior Services**

32001 Fort Road  
Rockwood, MI 48173  
Phone: (734) 379-5600

In conjunction with the Wayne County Office of Nutrition, lunch is served to those 60 and older at 11:45 a.m. weekdays. Seniors begin arriving at 11:20 a.m. to socialize and play pool or cards.

### **Romulus Senior Center**

36525 Bibbins  
Romulus, MI 48174  
Phone: (734) 955-4120  
Web site: <http://romulusgov.com/Departments/SeniorCitizens.aspx>

The senior center is open to those 50 and older from 8 a.m. to 4 p.m. weekdays.

Senior Programs include:

- Social club meetings
- Daily hot lunches
- Discount haircuts
- Free legal advice
- Exercise programs
- Blood pressure checks/health screenings
- Free transportation for local medical care

### **Southgate Senior Center**

14700 Reaume Parkway  
Southgate, MI 48195  
Phone: (734) 258-3066  
Web site: <http://southgatemi.org>

Open Monday through Thursday from 8:00 am - 4:00 pm, offering many forms of recreation, including arts and crafts, pool, and a comfortable meeting place for friends and more.

Senior Citizen services include: Mini Bus Transportation, Medical Aid Equipment loan program (i.e. wheelchairs, canes, walkers), to anyone in need (no fee required), Hot Meals Program (Daily, Monday thru Friday at 11:15 am), Card playing and Billiards, arts and crafts, social celebrations and parties.

If you are fifty-five years of age (or older), and would like to stop by and see what is available, plan to attend a general meeting on any Thursday at the Southgate Civic Center, 14700 Reaume Parkway. The meeting starts at 12 noon.

### **Taylor Senior Activity Center**

6750 Troy

Taylor, MI 48180

Phone: (313) 291-7740

Web site: [www.cityoftaylor.com/seniors](http://www.cityoftaylor.com/seniors)

The Ford Center is a community focal point where older adults come together for services and activities. No general membership is required; however, those interested must be at least 55 years old to participate. The center is open from 8 a.m. to 4 p.m. weekdays.

### **Trenton Senior Services**

Westfield Activities Center

2700 Westfield

Trenton, MI 48183

Phone: (734) 675-0063

Web site: <http://trentonmi.org>

Westfield Activities Center is a designated senior focal point. The activities center offers recreational activities and services from 8:30 a.m. to 5 p.m. weekdays. For the Trenton Friendship Club, a dance group, doors open at 4:45 p.m. Fridays from September through June. The Friendship Club is open to all Downriver seniors.

Do you need to use a computer? Or would you like to learn to use one? The Westfield Center has 2 computers available for Seniors to use Monday through Friday 8:30 a.m. to 5:00 p.m. They are installed with all the basics, Microsoft Word, card games, etc. Stop in to get connected!

### **'Friday Nite' Lites and 'Sundae Specials'**

Do you enjoy an evening out with friends playing a game of Euchre, Pinochle, Bunco, Horse, or Dominoes with a little light music and dancing and a great meal to go with? Then watch the Senior Tidings calendar, or visit Westfield to check on the next scheduled 'Lite' night or 'Sundae' evening. These parties for Seniors are planned about 4 times throughout the year, and have become a great success, so don't miss out on the fun!

### **Westland Senior Center**

1119 Newburgh Road

Westland, MI 48185

Phone: (734) 722-7628

Email: [bmarcum@cityofwestland.com](mailto:bmarcum@cityofwestland.com)

Web site: [www.cityofwestland.com/seniorresources.html](http://www.cityofwestland.com/seniorresources.html)

The City of Westland's Senior Resources Department develops and implements a comprehensive program designed to address the changing needs of older adults in the community. The center has recently expanded the hours of service. In addition to regular business hours, the Friendship Center is open to residents during the evening Monday through Thursday, and also on Saturday morning. Citizens are WELCOME and encouraged to stop and visit the Friendship Center. Staff members are available to give tours to visitors and supply information regarding programs and services. The Center not only provides recreational activities for the older adult but is also a source of information and referral for programs offered through other organizations specializing in older adult services.

### **Woodhaven Community and Senior Center**

23101 Hall Road

Woodhaven, MI 48183

Phone: (734) 675-4926

Web site: <http://woodhavenmi.org>

The senior club in Woodhaven has members from the age of 55 and up. They meet twice a month for meetings, one includes a social dinner and the other is for business. The Crafty Ladies group provides lap blankets to those in need at hospitals and nursing homes and for the Wayne County Baby Shower. Another group comes in each Tuesday for BINGO and other card games to keep their minds active and get out of their homes for just a few hours.

While there is always attention paid to fun, there is also a focus in keeping seniors healthy. They can take advantage of free blood pressure screening each month and we have a food pantry supplied with basic essential foods for those seniors who are in need in our city. The seniors can also utilize the Woodhaven on Wheels transportation for doctor appointments, banking and shopping.

### **Wyandotte Senior Services**

2306 4th St.

Wyandotte, MI 48192

Phone: (734) 324-7275

Web site: [www.wyandotte.net](http://www.wyandotte.net)

The Wyandotte Senior Friendship Club is open to all Downriver area residents age 50 and older. The mission of the Senior Friendship Club is to create companionship among Downriver Seniors. The Senior Friendship Club hosts regular dances, card games and special trips throughout the year.

## **TRANSPORTATION**

### **Allen Park**

15800 White St.

Allen Park, MI 48101

Phone: (313) 928-0770

Web site: [www.cityoffallenpark.org/recreation-senior-program.php](http://www.cityoffallenpark.org/recreation-senior-program.php)

Our main purpose is to provide an accessible means of transportation for Allen Park Senior Citizens who cannot drive. Reservation for the van service must be made at least 24 hours in advance; and 1 week in advance for the handicap accessible bus. Call for reservations. The use of this system is limited to the Senior Members and will only transport members in a 3-mile radius of the City of Allen Park.

### **Brownstown**

21311 Telegraph Rd.

Brownstown Twp., MI 48183

Phone: (734) 675-0920 Voice/Fax

Provides curb-to-curb transportation by reservation to locations in Brownstown Twp. and the surrounding area with priority given for essential trips such as medical appointments and regularly scheduled shopping for individuals who do not have access to or are unable to use other means of transportation. Service is available from 9-3:30, M-F. Residents of Brownstown Twp. or Gibraltar who are age 60 and over or disabled. 24 hour advance reservation required. \$1 per one-way trip.

### **Dearborn**

13615 Michigan Ave.

Dearborn, MI 48126

Phone: (313) 943-2285

Provides curb-to-curb transportation by reservation to locations in Dearborn with priority given for essential trips such as medical appointments and shopping. Service is available from 9-4, M-F. Buses are equipped with lifts to accommodate wheelchairs. Dearborn residents who are age 60 and over or disabled. Reservation required; call 2 days in advance. \$1.00 requested each way.

### **Downriver Community Conference**

15100 Northline Rd., Suite 179

Southgate, MI 48195

Phone: (734) 362-7029

Provides transportation for non-emergency medical appointments, job-related, or other necessary trips such as appointments at a human service agency. Vehicles are equipped with wheelchair lifts. Seniors Age 60 and over, low-income people, and individuals with disabilities residing in Western or Southern Wayne County. Call 734/362-7029 24 hours in advance.



### **Ecorse**

4072 W. Jefferson  
Ecorse, MI 48229  
Phone: (313) 382-3305

Provides curb-to-curb transportation by reservation to locations in Ecorse and the surrounding area with priority given for essential trips such as medical appointments for individuals who do not have access to or are unable to use other means of transportation. Service is generally available from 9-4, M-F. Van is equipped with lifts to accommodate wheelchairs.

Ecorse residents age 55 and over. 2 day advance reservation required.

### **Flat Rock**

1 Maguire St.  
Flat Rock, MI 48134  
Phone: (734) 379-1450 Ext. 201  
Web site: [www.ci.flat-rock.mi.us](http://www.ci.flat-rock.mi.us)

Provides curb-to-curb transportation by reservation to locations in Flat Rock and the surrounding area with priority given for essential trips such as medical appointments and regularly scheduled shopping for individuals who do not have access to or are unable to use other means of transportation. Service is generally available from 9-12 & 1-4, M-W, F. NOTE: Medical appointments receive first priority. Individuals who are age 60 and over, disabled, or low-income and are residents of Flat Rock. Minimum 48 hour advance reservation required.

### **Grosse Ile**

25797 Third St.  
Grosse Ile, MI 48138  
Phone: (734) 675-2364

Provides door-to-door transportation by reservation to locations on Grosse Ile and off-island for essential trips such as appointments and grocery shopping for individuals who do not have access to or are unable to use other means of transportation. Drivers will assist people with minor physical impairments to and from vehicles. Service is available from 9:15-10:30, M-F for short on-island trips and from 1-5, M-F for on-and off-island trips.

Individuals who are age 55 and over, disabled, or low-income and live on Grosse Ile. 24-48 hour advance reservation required.

### **Harper Woods**

19617 Harper Ave.  
Harper Woods, MI 48225  
Phone: (313) 343-2580 P.A.A.T.S.

Provides door-to-door transportation by reservation within the area bounded by: N -- 11 Mile Rd.; S -- Detroit River; E -- Jefferson Ave.; W -- Chalmers, Gratiot. Service is available from

7:30-4:30, M-F. Vans are equipped with lifts to accommodate wheelchairs. Drivers will assist people with minor physical impairments between the door of their building and the van.

Individuals who are age 60 and over or disabled and live in the Grosse Pointes or Harper Woods. 36 hour advance reservation required. From \$1-\$2.50 per one-way trip.

**Inkster**

2000 Inkster Rd.  
Inkster, MI 48141  
Phone: (313) 561-2650

Provides door-to-door transportation by reservation to locations in Inkster and the surrounding area with priority given for medical appointments, grocery shopping, and congregate meals. Service is available from 9:30-2, M-F. Van is equipped with lifts to accommodate wheelchairs. Drivers will assist people with minor physical impairments between the door of their building and the van. Individuals age 60 and over who live in Inkster. 24 hours in advance for reservations.

**Livonia**

15218 Farmington Rd.  
Livonia, MI 48154  
Phone: (734) 466-2555

Provides curb-to-curb transportation by reservation to locations in Livonia for essential trips such as appointments, Senior Centers, and shopping for individuals who do not have access to or are unable to use other means of transportation. Service is available from 8:30-4, M-F. Van is equipped with a lift to accommodate wheelchairs. Livonia residents who are age 60 and over. Reservations required; call 24 hours in advance. Medical Appointments-at least one week in advance.

**Logisticare**

Phone: (866) 569-1902  
TDD: (866) 288-3133  
Web site: <http://www.logisticare.com>

LogistiCare has a contract with the Michigan Department of Community Health to give non-emergency rides to Medicaid Beneficiaries who live in Macomb, Oakland, and Wayne counties.

Call at least 2 business days before you need a ride to your medical appointment. If your doctor confirms that the appointment is urgent, such as when a person is being released from the hospital, you may call right away to ask for a ride. When you call have your Medicaid ID, and the name, address and phone number of your medical provider ready.

### **Nankin Transit**

37137 Marquette  
Westland, MI 48185  
Phone: (734) 729-2710

Provides curb-to-curb transportation by reservation to locations in Garden City, Inkster, Wayne, and Westland with priority given for essential trips such as medical appointments and shopping for individuals who do not have access to or are unable to use other means of transportation. Service is available from 7-5, M-F. Vans are equipped with lifts to accommodate wheelchairs.

Priority given to individuals who are age 55 and over or are disabled.

### **Plymouth**

1160 Sheridan  
Plymouth, MI 48170  
Phone: (734) 459-8888

Provides curb-to-curb transportation by reservation to locations in Plymouth or Plymouth Twp. Service is available from 8-2, M-F. Van is equipped with lifts to accommodate wheelchairs. Plymouth or Plymouth Twp. residents who are age 60 and over. 24-48 hour advance reservation required.

### **River Rouge**

10625 W. Jefferson  
River Rouge, MI 48218  
Phone: (313) 842-4203

Provides curb-to-curb transportation by reservation to locations in River Rouge and surrounding area with priority given for essential trips such as appointments and grocery shopping for individuals who do not have access to or are unable to use other means of transportation. Service is generally available from 7:30-2:30, M-F. Vans are equipped with lifts to accommodate wheelchairs. River Rouge residents who are age 60 and over or disabled. 48 hour advance reservation required.

### **Romulus**

36525 Bibbins  
Romulus, MI 48174  
Phone: (734) 955-4120  
Web site: [www.romulusgov.com](http://www.romulusgov.com)

Provides curb-to-curb transportation by reservation to locations in Romulus with priority given for essential trips such as appointments and shopping. Service is available from 8:30-3, M-F. Van is equipped with lifts to accommodate wheelchairs. Romulus residents who are age 50 and over or disabled. Reservations required; call 24 hours in advance.

### **Southgate**

14400 Dix-Toledo Rd.  
Southgate, MI 48195  
Phone: (734) 258-3035

Provides curb-to-curb transportation by reservation to locations within a 30 mile radius of Southgate with priority given for essential trips such as appointments and grocery shopping for individuals who do not have access to or are unable to use other means of transportation. Service is generally available from 8-4:30, M-F. Van is equipped with lifts to accommodate wheelchairs.

Southgate residents who are age 55 and over or disabled. 48 hour advance reservation required. \$.50 requested each way.

### **Taylor**

6750 Troy  
Taylor, MI 48180  
Phone: (313) 291-7740

Provides curb-to-curb transportation by reservation for scheduled shopping and senior center activities. Service is available from 9-12, M-F. Van is equipped with lifts to accommodate wheelchairs. Also contracts with private organizations to provide service for individuals who do not have access to or are unable to use other means of transportation.

Taylor residents age 55 and over. 24 hour advance reservation required for senior van service.

### **Van Buren Township**

46425 Tyler Rd.  
Belleville, MI 48111  
Phone: (734) 699-8918  
Web site: [www.vanburen-mi.org/Department/Recreation\\_Facilities.html](http://www.vanburen-mi.org/Department/Recreation_Facilities.html)

Provides door-to-door transportation by reservation to locations in Van Buren Twp. for regularly scheduled shopping trips to malls, shopping centers, and Senior Center activities. Service is available from 8-5, M-F. Van is equipped with lifts to accommodate wheelchairs. Drivers will assist people with minor physical impairments from the door of their building and the van.

Individuals age 55 and over who live in Belleville or Van Buren Twp. Priority given to members. 24 hours in advance.

### **Woodhaven on Wheels**

23101 Hall Road.  
Woodhaven, MI 48183.  
Phone: (734) 675-4926

Curb to Curb transportation for senior citizens who do not own a vehicle or are unable to drive for medical reasons. (Passengers must meet the bus at the curb). Reservations must be made 24 hour in advance. (2 to 4 day notice is preferable)

### **SMART**

First National Building, Suite 900  
660 Woodward Ave. Detroit, MI 48226  
Phone: (866) 962-5515  
Email: [Postmaster@smartbus.org](mailto:Postmaster@smartbus.org)  
Web site: [www.smartbus.org](http://www.smartbus.org)

Provides curb-to-curb transportation by reservation within select communities in Macomb, Oakland, and Wayne counties. All buses are equipped with lifts to accommodate wheelchairs. Community Transit services are supported by SMART but designed and operated by local communities.

General fare -- \$2 (one-way); seniors age 65 and over or individuals with a disability -- \$1 (one-way); ADA Service -- \$3 (one-way); transfers -- vary

### **VETERANS SERVICES**

The Veterans Administration provides benefits for eligible Veterans. If you are a Veteran and believe you qualify for benefits, call 1-800-827-1000 from any location in the United States or go online at [www.va.gov](http://www.va.gov) to apply.

VA benefits may include: health benefits and services, compensation and pension benefits, home loan guaranty services, education benefits, life insurance program, vocational rehabilitation and employment benefits, and burial and memorial benefits.

VA Medical Centers and Outpatient Clinics may provide general medicine and surgery, psychiatry, and other specialized care.

Vet Centers may provide general counseling, educational services, and employment and vocational rehabilitation services.

### **VETERANS SERVICE CENTERS**

#### **Ann Arbor**

#### **VA Ann Arbor Healthcare System**

2215 Fuller Rd  
Ann Arbor, MI 48105  
Phone: (734) 769-7100  
Web site: [www.va.gov](http://www.va.gov)

## **Veterans Integrated Service Network (VISN)**

PO Box 134002  
Ann Arbor, MI 48113  
Phone: (734) 930-5950  
Web site: [www.va.gov](http://www.va.gov)

## **Dearborn**

### **Dearborn Vet Center**

2881 Monroe St. Suite 100  
Dearborn, MI 48124  
Phone: (313) 277-1428  
Fax: (313) 277-5471

Normal working hours are 8:00am to 4:30pm Monday through Friday. In an effort to better serve the veteran and family members, upon request Vet Centers will provide services after normal work hours and/or on weekends.

## **Detroit**

### **John D Dingell VA Medical Center**

4646 John R  
Detroit, MI 48201  
Phone: (313) 576-1000  
Web site: [www.va.gov](http://www.va.gov)

### **Detroit Vet Center**

4161 Cass Ave.  
Detroit, MI 48201  
Phone: (313) 831-6509  
Fax: (313) 831-6919  
Web site: [www.va.gov](http://www.va.gov)

Normal working hours are 8:00am to 4:30pm Monday through Friday. In an effort to better serve the veteran and family members, upon request Vet Centers will provide services after normal work hours and/or on weekends.

## **Pontiac**

### **Pontiac VA Outpatient Clinic**

950 University Dr.  
Pontiac, MI 48342  
Phone: (248) 409-0585  
Web site: [www.va.gov](http://www.va.gov)

## **National Veterans Resources**

### **U.S. Department of Veterans Affairs**

Health Benefit Service Center

Phone: (877) 222-8387

Web site: [www.va.gov/healtheligibility](http://www.va.gov/healtheligibility)

### **Regional Office**

#### **VA Regional Office**

Patrick V McNamara

477 Michigan Ave.

Detroit, MI 48226

Phone: (800) 827-1000

Web site: [www.va.gov](http://www.va.gov)

### **State of Michigan**

#### **Michigan Department of Military and Veterans Affairs**

3423 N. Martin Luther King Jr. Blvd.

Lansing, MI 48906

Phone: (517) 335-6523

Web site: [www.michigan.gov/dmva](http://www.michigan.gov/dmva)

Our vision is to be a proud military and veteran's organization, characterized by excellence and integrity for the fulfillment of our duties to our nation, state and to one another. Our values include integrity, excellence, teamwork and accountability.

#### **Michigan Talent Connect - Veteran**

Phone: (800) 455-5228

Email: [veteransservices@michigan.gov](mailto:veteransservices@michigan.gov)

Web site: [www.mitalent.org/veteran](http://www.mitalent.org/veteran)

Facebook: [www.facebook.com/MIVeteransServices](http://www.facebook.com/MIVeteransServices)

## **CEMETERIES**

The VA does not make funeral arrangements or perform cremations. Families should make these arrangements with a funeral provider or cremation office. Any item or service obtained from a funeral home or cremation office will be at the family's expense.

For Burial in a National Cemetery:

Burial benefits available include a gravesite in any of our 131 national cemeteries with available space, opening and closing of the grave, perpetual care, a Government headstone or marker, a burial flag, and a Presidential Memorial Certificate, at no cost to the family. Some Veterans may also be eligible for Burial Allowances. Cremated remains are buried or inurned in national cemeteries in the same manner and with the same honors as casketed remains.

Burial benefits available for spouses and dependents buried in a national cemetery include burial with the Veteran, perpetual care, and the spouse or dependents name and date of birth and death will be inscribed on the Veteran's headstone, at no cost to the family. Eligible spouses and dependents may be buried, even if they predecease the Veteran.

### **Fort Custer National Cemetery**

15501 Dickman Rd.  
Augusta, MI 49012  
Phone: (269) 731-4164  
Fax: (269) 731-2428

To schedule a burial: Fax all discharge documentation to the National Cemetery Scheduling Office at 1-866-900-6417 and follow-up with a phone call to 1-800-535-1117.

### **Great Lakes National Cemetery**

4200 Belford Rd.  
Holly, MI 48442  
Phone: (248) 328-0386  
Toll Free: (866) 348-8603  
Fax: (248) 328-0612  
Web site: [www.cem.va.gov/cems/nchp/greatlakes.asp](http://www.cem.va.gov/cems/nchp/greatlakes.asp)

To schedule a burial: Fax all discharge documentation to the National Cemetery Scheduling Office at 1-866-900-6417 and follow-up with a phone call to 1-800-535-1117.

## **MISC. VETERANS RESOURCES**

### **Veteran's Haven, Inc.**

4924 Wayne Rd.  
Wayne, MI 48184  
Phone: (734) 728-0527  
Fax: (734) 728-1278  
Email: [VetsHaven@earthlink.net](mailto:VetsHaven@earthlink.net)  
Web site: [www.vetshaveninfo.org](http://www.vetshaveninfo.org)

Veteran's Haven Inc has distributed tons of shirts, pants, sweaters, coats, jackets, suits, underwear, socks, shoes, boots, hygiene items, medical needs, canes, walkers, crutches, and wheelchairs - all free to Veterans. These donated items are not sold for profit. Veterans Haven, Inc is a 501c3 non-profit tax exempt organization dedicated to helping honorably discharged vets by providing food, clothing, housing, transportation, medical supplies, counseling, referrals, and job connections to those in need.

Founded in June 1994 by a Vietnam vet, Veterans Haven Inc operates from their Outreach Center in Wayne, a suburb of Detroit, which opened its doors in May 2000.

Veterans Haven Inc utilizes a small staff and volunteers to provide their many services.



### **Domiciliary Residential Rehabilitation Treatment Program (DRRTP)**

VA Medical Center  
4646 John R St.  
Detroit, MI 48201  
Phone: (313) 576-1000  
Web site: [www.detroit.va.gov](http://www.detroit.va.gov)

Location: in Detroit, offsite from the John D. Dingell VA Medical Center

The DRRTP is an intensive residential treatment program for chronically homeless veterans to receive assistance in developing healthy independent living skills in order to break the pattern of homelessness.

Domiciliary resident candidates must obtain a referral from a VA Medical Center.

### **VOLUNTEERISM**

#### **Accounting Aid Society**

7700 Second Avenue, Suite 314  
Detroit, MI 48202  
Phone: (313) 647-9620  
Web site: <http://accountingaidsociety.org/get-involved>

Volunteers needed to help prepare tax returns for low-income families and the elderly. If you enjoy hands-on involvement, the best way to support our mission is to become a volunteer. We have a variety of volunteer positions — from administrative assistance to tax-related options. Each requires its own unique training, time commitment and skill set.

#### **Alzheimer's Association Greater Michigan**

20300 Civic Center Drive, Suite 100  
Southfield, MI 48076  
Phone: (248) 996-1030

The Alzheimer's Association-Greater Michigan Chapter depends on thousands of volunteers to help answering phones, computer/data processing needs, helping at our special events throughout the year, and many other critical functions that provide the assistance to help us achieve our mission. Our vision is creating a world without Alzheimer's disease while optimizing the quality of life for people who are affected by dementia-related disorders.

#### **American Cancer Society**

Phone: (800) 227-2342

The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer, through research, education, advocacy and service.

Whether it's giving a cancer patient a ride to chemotherapy, putting together a team for Relay For Life®, or sending an email to family and friends about our cancer screening guidelines, there are multiple ways you can get involved in the Society's lifesaving mission.

Get the spirit of camaraderie and compassion by volunteering with the American Cancer Society.

### **Catholic Social Services**

Senior Volunteer Services Division  
9851 Hamilton  
Detroit, MI 48202-1424  
Phone: (313) 883-2389

#### **Foster Grandparent Program (FGP):**

Foster Grandparents devote their volunteer service entirely toward disadvantaged or disabled youth. Foster Grandparents help these children in many ways: Offering emotional support to child victims of abuse and neglect, Tutoring children with low literacy skills, Mentoring troubled teenagers and young mothers, Caring for premature infants and children with physical disabilities and severe illnesses.

#### **Senior Companion Program (SCP):**

Senior Companion program is a national older adult volunteer program designed for seniors to help other seniors maintain independent living. Seniors serve frail older adults, adults with disabilities, those with terminal illnesses, and offer respite for caregivers.

### **City of Taylor Veterans Museum**

23555 Goddard Rd.  
Taylor, MI 48180  
Phone: (734) 374-8775 (between 9 a.m. and 6 p.m.)

Taylor Veterans Warriors Museum, which honors military veterans from Taylor and beyond, seeks volunteers to serve as greeters; located in Taylor City Hall, 23555 Goddard Road; shifts are 10 a.m. to 1 p.m. and 1 p.m. to 4 p.m. Mondays, Wednesdays and Fridays.

### **Downriver Family YMCA**

16777 Northline Road  
Southgate, MI 48195  
Phone: (734) 282-9622

You can help at the Y in a variety of roles supporting youth development, healthy living and social responsibility in our community. No matter how you devote your time, you'll be working with other volunteers and Y professionals to make a difference in the lives of children and families.

## **Fish & Loaves**

25670 Northline Road

Taylor, MI 48180

Phone: (734) 442-0031

Email: [office@downriverfishandloaves.org](mailto:office@downriverfishandloaves.org)

Fish & Loaves is an all-volunteer organization. More than three hundred volunteers from area churches, community organizations, and businesses serve without compensation, apart from the pleasure and pride in knowing that they are making a difference for their Downriver neighbors. There are hands-on volunteer opportunities at Fish & Loaves for almost all ages either in our store, warehouse, or office.

Volunteer time can be scheduled on the basis of your convenience and the needs of the pantry in any given week. Church, community, and business groups can also request special projects suited to both their abilities and availability.

New volunteer orientations are held every Monday, 11:30 a.m.

Volunteers learn how their personal gifts and talents can serve current pantry needs. They also receive a tour of the entire facility and have an opportunity to schedule their first volunteer session. To volunteer or to learn more about volunteer opportunities, please call the Fish & Loaves volunteer line at 734-442-0031.

## **Medicare/Medicaid Assistance Program (MMAP)**

Phone: (800) 803-7174

MMAP (Medicare/Medicaid Assistance Program) is seeking people who like to solve puzzles, enjoy meeting and working with people, who love a challenge, are familiar with computers and the internet, and are interested in helping other Michigan citizens in their area.

MMAP is a free, unbiased, volunteer-staffed service which assists Medicare beneficiaries who have problems or questions about Medicare, Medicaid, Medicare Supplemental Insurance, Medicare Part D enrollment, Long-Term Care Insurance and related issues. MMAP provides these services through the sixteen Area Agencies on Aging offices in Michigan.

Once a volunteer attends the initial six-day training, s/he becomes a certified MMAP counselor. New six-day trainings are scheduled periodically throughout the year. Counselors are trained, certified and supported. Other volunteer opportunities available are: data input, filing, filling out forms, and other office-related tasks.

### **Oakwood Healthcare System**

Phone: (313) 593-5865

Email: [volunteers@oakwood.org](mailto:volunteers@oakwood.org)

Web site: [www.oakwood.org/volunteer](http://www.oakwood.org/volunteer)

Volunteers sought to help in the gift shops, read to patients and to guide visitors at Oakwood Annapolis Hospital in Wayne, Oakwood Heritage Hospital in Taylor, Oakwood Southshore Medical Center in Trenton and Oakwood Hospital & Medical Center in Dearborn.

### **RSVP (Retired Senior Volunteer Program)**

Wayne County

Phone: (313) 883-7764

RSVP is a community program, and local communities determine the focus of the volunteer projects and share in operating costs. The only criteria for participation in RSVP is that a person be 55 years of age or older. RSVP volunteers serve without payment, but receive transportation assistance, excess auto, accident and liability insurance, training and recognition. RSVP volunteers provide service in a variety of areas as mentoring, tutoring, literacy, public safety, homeland security, healthcare, and economic development.

### **Southeastern Michigan Red Cross**

Headquarters

100 Mack Ave, Detroit, MI

Phone: (313) 494-2863

Volunteer opportunities to assist with disasters; provide assistance to health care professionals, hospitals and nursing homes, teaching health and safety courses, collecting blood, transporting clients to medical appointments.

### **Wayne County Office of Senior Services**

Phone: (734) 727-7357

Toll Free: (800) 851-1455

The Senior Nutrition Program relies heavily on volunteers to assist with serving, packaging, and delivered meals. If you would like to become involved with a very rewarding program, please give us a call.