

# FOOD ASSISTANCE PROGRAMS

In addition to paying the bills, another big stressor is trying to budget money to buy food for the family. If finances become tight and food cannot be budgeted for, there are Food Assistance Programs that may be able to provide temporary relief.

## FIA Assistance Programs

### Food Stamps

The Food Assistance Program supplements the food purchasing power of low-income individuals and families. The United States Department of Agriculture funds 100% of this program. The state and federal governments share administrative costs. The Family Independence Agency (FIA) determines eligibility for food assistance.

Generally, eligibility for food assistance depends on the financial situation of all members of the household group. All persons who live together and purchase and prepare food together are considered to be members of the same food assistance group.

Contact your local Family Independence Agency for Assistance (see the Family Independence agency section for contact information).

### WIC (Women, Infants, and Children)

WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children. WIC is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5 who have a nutrition-related health problem. Programs are designed to meet the nutritional needs of women, infants, and children up to age five.

Contact your local health department for assistance:

### City of Detroit Health Department

Herman Kiefer Complex  
1151 Taylor  
Detroit, MI 48202  
Information.....(313) 876-4000

### Detroit City Health Department

Information.....(313) 876-4555

### Detroit Urban League/The Wellness Plan

Information.....(313) 874-8259

### Wayne County Health Department

33030 Van Born Rd  
Wayne, MI 48184  
Information.....(734) 727-7000

### Lincoln Park Community Health

999 Fort  
Lincoln Park, MI 48146  
Information.....(313) 383-7846

### Sumpter Health Center

19130 Sumpter Rd  
Belleville, MI 48111  
Information.....(734) 697-9455

### Taylor Health Center

26650 Eureka Suite B  
Taylor, MI 48180  
Information.....(734) 955-3900

### Monroe County Health Department

2353 S Custer  
Monroe, MI 48161  
Information.....(734) 240-7800

### Commodities for Schools and Institutions

The National School Lunch Program (NSLP) is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to eligible children each school day. The program was established under the National School Lunch Act, signed by President Harry Truman in 1946.

The School Breakfast Program (SBP) is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free breakfasts to eligible children each school

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day. The program was established under the Child Nutrition Act of 1966 to ensure that all children have access to a healthy breakfast at school to promote learning readiness and healthy eating behaviors.

Contact your local school district for assistance.

## **Food Pantries**

Food Pantries provide emergency food boxes that contain dry food. Some food pantries will provide perishables in addition to the dry food.

## **Salvation Army**

Dearborn Heights Community Corps Center  
Dearborn Heights.....(313) 563-4457

Brightmoor Corps Community Center  
Detroit.....(313) 532-1281

Grandale Corps Community Center  
Detroit.....(313) 835-3736

Harbor Light Corps Community Center  
Detroit.....(313) 964-0577

Harding Corps Community Center  
Detroit.....(313) 822-2800

Temple Corps Community Center  
Detroit.....(313) 897-2914

Plymouth Corps Community Center  
Plymouth.....(734) 453-5464

Wayne/Westland Community Corps Center  
Westland.....(734) 722-3660

Downriver Community Corps Center  
Wyandotte.....(734) 282-0930

## **Local Churches**

Use the phone book to find local churches in your area that may have available food pantries.

## **Food Pantry Referral Services**

Food Pantry Referral Services provide people in need of food assistance with referrals to local food pantries. Some food pantries only accept referrals and will not accept people on a walk-in basis.

## **The Information Center, Inc.**

### **Family Resource Place**

Information.....(734) 282-7171

## **Detroit Public Library**

### **The Information Place**

Information.....(313) 833-4000

## **United Way Tel-Help**

Information.....1-800-552-1183

## **Monroe I&R First Call for Help**

Information.....1-800-423-1958