

# COUNSELING SERVICES

A person may go through a variety of emotions following job loss. These emotions usually start with denial, and are followed by depression, anger, and frustration, concluding with adaptation. It is important to remember that everyone is different. Where someone may experience all of the emotions associated with job loss, another person may experience some or a few of these emotions and they may not experience them in the listed order. In addition, the length of time and the intensity of each emotion is dependent upon the person.

The emotions of job loss can produce a great deal of stress and anxiety for a person. It is often comparable to stressful life altering events such as:

- Death of a loved one
- Divorce
- Separation from a committed mate
- Jail term
- Major personal injury or illness
- Marriage
- Reconciliation with a committed mate
- Retiring from work
- Major change in the health or behavior of a family member
- Pregnancy
- Sexual difficulties

Sometimes stress can be easier for some individuals to cope with than others. Counseling services are available to any individual that has difficulty coping with the stress of losing a job. Counseling allows a person to discuss and express feelings in a non-threatening environment.

Although most insurance plans end shortly after your last day of work, paying for counseling service is not impossible. Most counseling centers accept Medicaid or base payments on a Sliding-Scale Fee. Medicaid is a state medical assistance program providing financial coverage for a broad range of outpatient, inpatient, and residential

services (long-term care services include nursing home, home health, and some residential facility services). You can apply for Medicaid through the Michigan Family Independence Agency. A Sliding-Scale Fee determines payment based upon income. If a person has no income, they are not denied service.

## National

### **Alliance for the Mentally Ill (AMI)**

Colonial Place Three  
2107 Wilson Blvd Suite 300  
Arlington, VA 22201  
Toll-Free.....1-800-950-6264  
Website.....[www.nami.org](http://www.nami.org)

## State

### **Alliance for the Mentally Ill (AMI)**

921 N Washington Ave  
Lansing, MI 48906  
Information.....1-800-331-4264  
Website.....[www.nami.org](http://www.nami.org)

### **Michigan Psychological Assoc Statewide Referral Service**

2105 University Park Dr C-1  
Okemos, MI 48864  
Toll-Free.....1-800-270-9070

## Allen Park

### **Evergreen Counseling Centers**

15101 Southfield Rd  
Allen Park, MI 48101  
Information.....(313) 381-0611

## Ann Arbor

### **Center for Behavior and Medicine**

2004 Hogback Rd  
Suite 16  
Ann Arbor, MI 48105  
Information.....(734) 677-0809

### **VA Ann Arbor Healthcare System**

2215 Fuller Rd  
Ann Arbor, MI 48105  
Information.....(734) 769-7100  
Website.....[www.va.gov](http://www.va.gov)

# COUNSELING SERVICES

## Auburn Hills

### Havenwyck Hospital

1525 University Dr

Auburn Hills, MI 48326

Information.....(248) 373-9200

Toll-Free.....1-800-401-2727

## Belleville

### Community Care Services

25 Owen St

Belleville, MI 48111

Information.....(734) 697-7880

### Eastwood Community Clinic

418 Main St

Belleville, MI 48111

Information.....(734) 699-4212

## Canton

### Advanced Counseling Services

6223 Canton Center Rd Suite 210

Canton, MI 48187

Information.....(734) 737-1200

### Center for Behavior and Medicine

2200 Canton Center Rd Suite 200B

Canton, MI 48187

Information.....(734) 981-3800

### Lifespan Clinical Services

#### A Division of Starfish Family Services

5860 N Canton Center Rd Suite 350

Canton, MI 48187

Information.....(734) 454-1580

Website.....[www.starfishonline.org](http://www.starfishonline.org)

## Dearborn

### Alliance for the Mentally Ill (AMI)

#### Arab – American

Dearborn, MI 48126

Information.....(313) 581-3583

Website.....[www.nami.org](http://www.nami.org)

### Alliance for the Mentally Ill (AMI)

Dearborn, MI 48128

Information.....(313) 563-1245

Website.....[www.nami.org](http://www.nami.org)

### Arab Community Center for Economic and Social Services (ACCESS)

6451 Schaefer Rd

Dearborn, MI 48126

Information.....(313) 945-8380

### Dearborn Pastoral Counseling

24110 Cherry Hill

Dearborn, MI 48124

Information.....(313) 274-4570

### Eastwood Community Clinic

19855 W Outer Dr Suite 204-W

Dearborn, MI 48124

Information.....(313) 561-2790

### Family and Neighborhood Services

3231 S Gully Suite F-3

Dearborn, MI 48124

Information.....(313) 278-5533

### Family Services, Inc

19855 W Outer Dr Suite 104-W

Dearborn, MI 48124

Information.....(313) 274-5840

### Henry Ford Behavioral Services

5111 Auto Club Dr Suite 112

Dearborn, MI 48126

Information.....(313) 317-2000

### Lincoln Behavioral Services

23400 Michigan Ave Suite P-24

Dearborn, MI 48124

Information.....(313) 562-6730

Website.....[www.LBSCares.com](http://www.LBSCares.com)

### Dearborn Vet Center

2881 Monroe St Suite 100

Dearborn, MI 48124

Information.....(313) 277-1428

Website.....[www.va.gov](http://www.va.gov)

# COUNSELING SERVICES

## Dearborn Heights

### **Alliance for the Mentally III (AMI)**

Dearborn Heights, MI 48125  
Information.....(313) 562-2274  
Website.....[www.nami.org](http://www.nami.org)

### **Catholic Social Services**

20382 Van Born Rd  
Dearborn Heights, MI 48125  
Information.....(313) 792-9286

## Detroit

### **Adult Well Being Services**

**Hannan House Senior Service Center**  
4750 Woodward Suite 312  
Detroit, MI 48201  
Information.....(313) 833-3760

### **Alliance for the Mentally III (AMI)**

Detroit, MI 48206  
Information.....(313) 873-9019  
Website.....[www.nami.org](http://www.nami.org)

### **American Indian Health and Family Services of Southeast Michigan**

4880 Lawndale St  
Detroit, MI 48210  
Information.....(313) 846-3718 ext 218

### **Arab-American and Chaldean Council**

16904 W Warren  
Detroit, MI 48228  
Information.....(313) 581-7287

### **Catholic Social Services of Wayne County**

9851 Hamilton Ave  
Detroit, MI 48202  
Information.....(313) 883-2100

### **Center of Behavioral Therapy**

24453 Grand River Ave  
Detroit, MI 48219  
Information.....(313) 592-1765

### **Chaldean Federation of America**

49 W Seven Mile Rd  
Detroit, MI 48203  
Information.....(313) 893-2991

### **Deaf Options Inc**

220 Bagley St Suite 600  
Detroit, MI 48226  
Information.....(313) 961-8120

### **Detroit Central City Community Mental Health, Inc.**

10 Peterboro St  
Detroit, MI 48201  
Information.....(313) 831-3160  
Service Area: 48201, 48207, 48208, 48211, 48226, and 48243

### **Detroit East Community Mental Health**

9141 E Jefferson Ave  
Detroit, MI 48214  
Information.....(313) 331-3435  
Service Area: 48207, 48211, 48213, 48214, and 48215

### **Detroit East Community Mental Health**

3646 Mt Elliot  
Detroit, MI 48207  
Information.....(313) 331-3435

### **Detroit Vet Center**

4161 Cass Ave  
Detroit, MI 48201  
Information.....(313) 831-6509  
Website.....[www.va.gov](http://www.va.gov)

### **Detroit-Wayne County Community Mental Health Agency**

640 Temple 8<sup>th</sup> Floor  
Detroit, MI 48201  
Information.....(313) 833-2500  
24-Hour Crisis Line.....(313) 224-7000

### **Development Centers, Inc.**

24424 W McNichols  
Detroit, MI 48219  
Information.....(313) 531-2500  
Service Area: 48223, 48228, and 48239

# COUNSELING SERVICES

## Detroit (cont'd)

### **Eastwood Community Clinic**

15000 Gratiot Ave Suite 200  
Detroit, MI 48205  
Information.....(313) 526-6000

### **Family and Neighborhood Services**

11186 W Jefferson  
River Rouge, MI 48218  
Information.....(313) 843-2210

### **Family Service, Inc**

Main Office  
10900 Harper Ave  
Detroit, MI 48213  
Information.....(313) 579-5989

### **Family Service, Inc**

17325 Mack Ave  
Detroit, MI 48224  
Information.....(313) 886-4949

### **Family Service, Inc**

220 Bagley St Suite 700  
Detroit, MI 48226  
Information.....(313) 965-2141

### **Harper House Change Alternative**

Living/Outpatient  
2940 E 8 Mile Rd  
Detroit, MI 48234  
Information.....(313) 891-4976

### **Health Services Technical Assistance**

#### **Addiction Treatment Services, Inc.**

#### **Herman Keifer Complex**

1151 Taylor Building 1  
Detroit, MI 48202  
Information.....(313) 876-4070  
24-Hour Crisis Line.....(313) 224-7000

### **Henry Ford Health System/Behavioral Health**

One Ford Place  
Detroit, MI 48202  
Information.....(313) 874-6677

### **John D Dingell VA Medical Center**

4646 John R  
Detroit, MI 48201  
Information.....(313) 576-1000  
Website.....[www.va.gov](http://www.va.gov)

### **Latin American for Social and Economic Development (LASED)**

7150 W Vernor  
Detroit, MI 48209  
Information.....(313) 841-1430

### **Latino Family Services**

3815 W Fort St  
Detroit, MI 48216  
Information.....(313) 841-7380

### **Neighborhood Service Organization**

220 Bagley  
Suite 1200  
Detroit, MI 48226  
Information.....(313) 961-4890  
Hotline.....(313) 224-7000

### **New Center Community Mental Health**

2051 W Grand Blvd  
Detroit, MI 48208  
Information.....(313) 961-3200  
Service Area: 48202, 48203, 48204, 48206,  
48208, 48211, 48221, and 48238

### **New Center Community Mental Health**

10001 Puritan  
Detroit, MI 48221  
Information.....(313) 494-4000  
Service Area: 48202, 48203, 48204, 48206,  
48208, 48211, 48221, and 48238

### **North Central Community Mental Health**

17141 Ryan Rd  
Detroit, MI 48212  
Information.....(313) 369-1717  
Service Area: 48203, 48205, 48211, 48212,  
48213, and 48234

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## Detroit (cont'd)

### **Northeast Guidance Center Administration**

12800 E Warren Ave  
Detroit, MI 48215  
Information.....(313) 824-8000  
Service Area: 48205, 48212, 48215, 48224,  
48225, 48230, and 48236

### **Northeast Guidance Center Community Support Programs**

2670 Chalmers  
Detroit, MI 48215  
Information.....(313) 824-5620  
Service Area: 48205, 48212, 48215, 48224,  
48225, 48230, and 48236

### **Quality Behavioral Health, Inc**

751 E Grand Blvd  
Detroit, MI 48207  
Information.....(313) 922-2222

### **REACH**

#### **Division of Quality Medical Health Care Office**

2296 Buena Vista  
Detroit, MI 48238  
Information.....(313) 883-7262

### **Southwest Detroit CMH**

1700 Waterman  
Detroit, MI 48209  
Information.....(313) 841-8900

### **Therapeutic Encounters PC**

3800 Woodward Ave  
Suite 202  
Detroit, MI 48201  
Information.....(313) 832-0870

## Ferndale

### **Kingswood Hospital**

10300 W Eight Mile Rd  
Ferndale, MI 48220  
Information.....(248) 398-3200

## Garden City

### **Archambault & Associates, PC**

#### **St Raphael Church**

31530 Beechwood  
Garden City, MI 48135  
Information.....(248) 827-8801  
Website.....[www.a-atherapy.com](http://www.a-atherapy.com)

### **Brookfield Clinics at Garden City Hospital**

6265 Inkster Rd  
Garden City, MI 48135  
Information.....(734) 458-3395

## Grosse Ile

### **Archambault & Associates, PC**

#### **Sacred Heart Church**

21599 Park Lane  
Grosse Ile, MI 48138  
Information.....(248) 827-8801  
Website.....[www.a-atherapy.com](http://www.a-atherapy.com)

## Grosse Pointe

### **Eastwood Clinics Grosse Pointe Woods**

19251 Mack Ave  
Suite 300  
Grosse Pointe, MI 48236  
Information.....(313) 882-8860

### **Vonschwarz Associates Community**

#### **Resource Services**

316 Chalfonte Ave  
Grosse Pointe, MI 48236  
Information.....(313) 886-2978

## Grosse Pointe Park

### **Catholic Social Services**

15200 E Jefferson Suite 105  
Grosse Pointe Park, MI 48230  
Information.....(313) 821-2590

## Hamtramck

### **North Central CMH Adult Services**

4321 McNichols  
Detroit, MI 48212  
Information.....(313) 369-1717  
Service Area: 48203, 48205, 48211, 48212,  
48213, and 48234

# COUNSELING SERVICES

## Harper Woods

### **Alliance for the Mentally Ill (AMI)**

Harper Woods, MI 48225

Information.....(313) 881-5429

Website.....[www.nami.org](http://www.nami.org)

## Inkster

### **Hegira Next Step Clubhouse**

1403 Inkster Rd

Inkster, MI 48141

Information.....(313) 565-2200

### **Starfish Family Services**

30000 Hiveley Rd

Inkster, MI 48141

Information.....(734) 728-3400

Website.....[www.starfishonline.org](http://www.starfishonline.org)

## Lincoln Park

### **Community Care Services**

1174 Fort St

Lincoln Park, MI 48146

Information.....(313) 389-2209

### **Community Care Services Administration**

26184 W Outer Dr

Lincoln Park, MI 48146

Information.....(313) 389-7525

### **The Guidance Center**

26300 Outer Dr

Lincoln Park, MI 48218

Information.....(313) 388-4630

## Livonia

### **Archambault & Associates, PC**

St Edith Church

15089 Newburgh Rd

Livonia, MI 48154

Information.....(248) 827-8801

Website.....[www.a-atherapy.com](http://www.a-atherapy.com)

### **Catholic Social Services**

17316 Farmington Rd

Livonia, MI 48152

Information.....(734) 421-3730

## Eastwood Community Clinic

17250 Farmington Rd

Livonia, MI 48152

Information.....(734) 425-4070

### **Family Service, Inc**

16755 Middlebelt Rd

Livonia, MI 48154

Information.....(734) 427-9310

### **Hegira Programs**

#### **Livonia Counseling Center**

15370 Levan Rd

Livonia, MI 48154

Information.....(734) 744-0170

Crisis.....(734) 397-7777

### **Insight Outpatient Program**

17187 N Laurel Park

Livonia, MI 48150

Information.....(734) 432-9853

### **Lifespan Clinical Services**

18316 Middlebelt Rd

Livonia, MI 48152

Information.....(248) 615-9730

Website.....[www.starfishonline.org](http://www.starfishonline.org)

### **Oakland Psychological Clinic**

29865 Six Mile Rd Suite 112

Livonia, MI 48152

Information.....(734) 522-0280

Website.....[www.oakpsych.com](http://www.oakpsych.com)

### **University Psychiatric Center**

16836 Newburgh Rd

Livonia, MI 48154

Information.....(734) 464-4220

Toll-Free.....1-888-362-7792

## Melvindale

### **Nova House**

1793 Charter

Lincoln Park, MI 48146

Information.....(313) 382-3487

# COUNSELING SERVICES

## Monroe

### **Monroe County Community Mental Health**

PO Box 726  
1001 South Raisinville Rd  
Monroe, MI 48161  
24-Hour Crisis/Toll-Free.....1-800-886-7340  
Voice/TDD/Information.....(734) 243-7340

### **Catholic Social Services**

16 East Fifth St  
Monroe, MI 48161  
Information.....(734) 242-3800

### **Family Counseling and Shelter Services**

PO Box 905  
Monroe, MI 48161  
Information.....(734) 241-0180

### **Mercy Memorial Hospice**

725 N Monroe St  
Monroe, MI 48161  
Information.....(734) 242-8006

### **Mercy Memorial Hospital Family Center**

700 Stewart Rd  
Suite 105  
Monroe, MI 48161  
Information.....(734) 242-9836

## Northville

### **Hegira Programs Counseling Center**

115 North Center St Suite 202  
Northville, MI 48167  
Information.....(248) 347-3470  
Crisis.....(734) 397-7777

## Plymouth

### **Evergreen Counseling Centers**

42189 Ann Arbor Rd  
Plymouth, MI 48170  
Information.....(734) 453-5603

### **Help Source – Plymouth Family Services**

684 Deer St  
Plymouth, MI 48170  
Information.....(734) 453-0890

## Orchard Hills Psychiatric Center

199 N Main St  
Suite 202  
Plymouth, MI 48170  
Information.....(734) 451-2435

## Redford

### **Lincoln Behavioral Services**

11677 Beech Daly Rd  
Redford, MI 48239  
Information.....(313) 937-9500  
Website.....[www.LBSCares.com](http://www.LBSCares.com)

## Romulus

### **Family and Neighborhood Services**

19101 Inkster Rd  
Romulus, MI 48174  
Information.....(734) 782-4011

### **Family and Neighborhood Services**

11189 Shook Rd  
Romulus, MI 48174  
Information.....(734) 941-2300

### **Hegira Programs Help Center**

9340 Wayne Rd Suite A  
Romulus, MI 48174  
Information.....(734) 942-7585  
Crisis.....(734) 397-7777

## Southfield

### **Chaldean Federation of America**

18470 W Ten Mile Rd  
Southfield, MI 48075  
Information.....(248) 557-2362

### **Family Services, Inc**

15565 Northland Dr Suite 505-W  
Southfield, MI 48075  
Information.....(248) 483-3100

## Southgate

### **Family Service, Inc**

13331 Reek Rd Suite 200  
Southgate, MI 48195  
Information.....(734) 324-2801

# COUNSELING SERVICES

## Southgate (cont'd)

### **The Guidance Center Main Office**

13101 Allen Rd  
Southgate, MI 48195  
Information.....(734) 287-1700  
Website.....[www.guidance-center.org](http://www.guidance-center.org)

### **The Guidance Center**

19275 Northline  
Southgate, MI 48195  
Information.....(734) 287-1669

## Taylor

### **Advanced Counseling Services**

20600 Eureka Rd Suite 819  
Taylor, MI 48180  
Information.....(734) 285-8282

### **Community Care Services**

26650 Eureka Rd Suite A  
Taylor, MI 48180  
Information.....(734) 955-3550

### **Center for Independent and Family Therapy**

21751 Ecorse Rd  
Taylor, MI 48180  
Information.....(313) 291-0979

## Wayne

### **Hegira Behavioral Diagnostic & Psychiatric Intervention Center**

33101 Annapolis Suite A & B  
Wayne, MI 48184  
Information.....(734) 721-0200

## Westland

### **Apex Behavioral Health**

2001 S Merriman Rd Suite 500  
Westland, MI 48186  
Information.....(734) 727-1111  
Toll-Free.....1-800-427-7677

### **Family and Neighborhood Services**

32715 Dorsey Rd  
Westland, MI 48186  
Information.....(734) 326-4262

### **Hegira – Westland Counseling Center**

8623 North Wayne Rd Suite 310  
Westland, MI 48185  
Information.....(734) 425-0636

### **Hegira House**

8623 North Wayne Rd Suite 122  
Westland, MI 48185  
Information.....(734) 427-1144

### **Insight Recovery Center**

### **Westside Mental Health Services**

32932 Warren Ave Suite 103  
Westland, MI 48185  
Information.....(313) 562-2800

### **Prevention Center**

8623 North Wayne Rd Suite 124  
Westland, MI 48185  
Information.....(734) 513-7598

## Wyandotte

### **Henry Ford Wyandotte Hospital**

2333 Biddle Ave  
Wyandotte, MI 48192  
Information.....(734) 246-6000  
Website.....[www.henryford.com](http://www.henryford.com)